# **CENTURION FOOTNOTES**

FEBRUARY 2007 – VOL 14 NUMBER 1

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## DATES...DATES

Jan 6-7, 2007 Coastal Classic 12 Hour event Gosford, NSW Feb 18, 2007 8 Heures de Charly-sur-Marne France 24 Heures de Chateau-Thierry Mar 24-25, 2007 France April 14-15, 2007 24 Herures de Bar-le-Duc France April 21-22, 2007 Australian Centurions 24 Hour Qualifying Event Coburg, Victoria May 19-20, 2007 Continental Centurions 24 Hour Qualifying Event Weert, Holland June 6-9, 2007 Paris-Colmar and Neuilly-sur-Marne-Colmar classics France

July 28-29, 2007 British Centurions 100 Mile Qualifying event Battersea Park, London

#### **NEWS ON OUR MEMBERS**

I received the following email from **Gerald Manderson (C 31)** in NZ. It is good to hear from Gerald and to see that he is as enthusiastic as ever. Perhaps his days as a walker are not over yet?

I have been milking cows for a few months on the Dad's farm. He turned 97 on 19 Dec and is a lot faster with his walker these days. I have gone from no work to milking 14 times a week with no time off. We have had record rainfall for the year, it won't stop dropping out of the sky. Plenty of grass and surplus baled up for next winter. I am absolutely loving getting up to milk - feel like I have a purpose again after thinking I was getting too old to be employed again.

I am walking an estimated 60 kms a week in gumboots around the farm chasing the cows. At first I got very tired arches, but now my feet have toughened up. I have progressed to carrying a 40 kgs of cement in my back pack, three times a week on the road for 18 kms as well (114 km a week) But none of my walking is faster than 6 kph at this stage. No certainty as to when I can target a race again.

I am hoping Colac 2007 will be held as I have a dream goal of walking 18 marathons in 6 days within two years. That is why I am persisting with the cement for power-to-weight ratio improvement as an experiment. Carrying extra weight on a front pack improves my balance, works muscles differently and actually lets me go faster than with just one pack. 6-7 kph is fast enough in a 6 day race.

Later on I will have to do running and faster-walking to build up my oxygen system. Someone broke my 24-hour record in NZ, so maybe I might get an Australian opportunity to get it back again in the fullness of time.

Wonder what Cliffy would have said at me becoming a gumboot walker?

Kind regards and happy new year to you all in OZ.

Gerald Manderson

I also received a Christmas email from Gerrit de Jong (C 40), the President of the Dutch Centurions, who commented

I send you a cold wish from Holland near the little cinder track of 306,50 meters at Avantri my athletics club. At the moment I am training on new soles under my feet. Some records 8.008 meters in 1 hour and a half marathon in within 3 hours. It is perhaps the beginning for another 100 mile in Great-Britain. You never know.

Greetings

Gerrit de Jong

Centurion 456, 62 and very important to me number 40.

I was out riding the bike a week or so ago and who did I see out training but **Terry O'Neill (C 18)** and **Karyn Bollen (C 45).** Both are intending to front up again this year and defend their 100 km championships they won last year at Coburg. Terry competed recently in the Athletics Victoria Masters racewalking championships in Bendigo and won the M40 3000m walk in 16:43, then fronted up the next day to take third in the Victorian Country Open 5000m walk in 27:36. Well done, Terry!

Terry is not the only walker active in the summer racewalking competitions. Clarrie Jack (C 4), Bill Dyer (C 15) and Stuart Cooper (C 5) are regular Interclub competitors in Melbourne while Robin Whyte (C 29) is active in ACT and Peter Bennett (C 24) and Andrew Ludwig (C 25) are burning the rubber in Brisbane.

#### GOSFORD COASTAL CLASSIC 12 HOUR EVENT, 6-7 JANUARY 2007

While most of us were enjoying our New Year break, spare a thought for those hardy souls who journeyed to Gosford in NSW for the annual Coastal Classic 12 Hour Endurance event. This awesome event is on every January and is organised by NSW walkers Paul Thomson, Frank Overton, Greg Rowe & Co. The event is open to both runners and walkers and the large number of walkers in the race made it probably the largest ever ultra walk held in Australia.

Queenslanders **Andrew Ludwig (C 25)** and **Peter Bennett (C 24)** took all before them in the walking section. Both are members of the Queensland Race Walking Club (in fact Peter is President) and both are accomplished long and short distance walkers. Andrew, a dairy farmer from rural Queensland, had only a limited preparation for the event and drove to Gosford with his wife and kids. Andrew went for it from the start and did a very fast first 50 km in 5:12:42. Although suffering mid race, he still passed the 50 Mile mark in 8:55:52 and held on for a winning distance of 103.335 km, easily beating Robin Whyte's race record of 99 km.

Peter Bennett also did it the hard way, flying to Sydney on Saturday morning and then catching the train up to Gosford for the Saturday 7PM start. Straight after the race finished at 7AM on the Sunday morning, he did the reverse journey home. By the time he finally went to bed in Brisbane on Sunday evening, he had been up for 40 hours. Peter's distance was 98.349 km. He commented to me in a subsequent email

"I would never have recorded that far if Andrew hadn't been in the race. At half way I was looking at about 92 km but actually felt much stronger in the latter stages of the race. I think I did more laps in the last two hours than the first two. Andrew and I raced the last couple of minutes and did about a 2.12 for our last 420 metre lap (the event was held in lane 3 of the grass track). No wonder some of the runners thought we were insane. Back at work today after a Christmas-New Year break. No ill effects from the race ,just a bit weary and I think I will end with a few more black toenails. I am a bit surprised actually as it is only six weeks since I did the 12 hour race in Penang."

Centurion **Pat Fisher (C 53)** took third with a good 81.808 km and other Centurions in action included **Robin Whyte (C 29)** and **Carol Baird (C 39)**. As as interesting aside, I can confirm that Robin was beaten by his partner Val Chesterton – and Val is pretty chuffed at her victory! Carol was competing in the run category but had to retire early with an ankle injury.

Male Walk			Fen	Female Walk		
1	Andrew Ludwig	103k 335m	1	Karina Ward	73k 703m	
2	Peter Bennett	98k 349m	2	Val Chesterton	72k 460m	
3	Patrick Fisher	81k 808m	3	Judy Brown	51k 093m	

The full results are shown below. All walkers are marked with a W. There are lots of familiar walking names from ACT and NSW and Qld in the list.

1.	Andrew Johnson	(laps 293 + 226m) = 121.821	1st Male Runner
2.	John Pearson Fatbloke	(laps 291 + 075m) = 120.840	2nd Male Runner
3.	Glen Lockwood Horrie	(laps 275 + 149m) = 114.274	3rd Male Runner
4.	Ron Schwebel Sportsman	(laps 272 + 301m) = 113.181	
5.	Col Steele	(laps 271 + 167m) = 112.632	
6.	David Raymond	(laps 264 + 167m) = 109.727	
7.	Kim Cook	(laps 256 + 206m) = 106.446	
8.	Andrew Knop	(laps 250 + 249m) = 103.999	
9.	Andrew Ludwig (C)	(laps 249 + 000m) = 103.335  V	W 1st Male Walker Race record
10.	Tony Collins	(laps 245 + 086m) = 101.761	
11.	David Cannings	(laps 244 + 151m) = 101.411	
12.	Viviene Kartsounis	(laps 241 + 357m) = 100.372	1st Female Runner
13.	Ray James Eagle	(laps 239 + 000m) = 99.185	
14.	Shaun Atchison	(laps 239 + 000m) = 99.185	
15.	Peter Bennett (C)	(laps 236 + 409m) = 98.349 V	W 2nd Male Walker
16.	Dominic Sullivan	(laps 231 + 067m) = 95.932	
17.	Scott Williams	(laps 223 + 028m) = 92.573	
18.	Claudia Schelhorn	(laps 220 + 249m) = 91.549	2nd Female Runner
19.	Malcolm Gamble	(laps 219 + 168m) = 91.053	
20.	Katrina Cummock	(laps 218 + 244m) = 90.714	3rd Female Runner
21.	Chris Gamble	(laps 212 + 000m) = 87.980	
22.	Ken Smith	(laps 209 + 015m) = 86.750	
23.	Bob Fickel	(laps 207 + 019m) = 85.924	
24.	Patrick Fisher (C)	(laps 197 + 053m) = 81.808 V	W 3rd Male Walker
	Belinda Lockwood	(laps 196 + 268m) = 81.608	

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26. Alan Staples
                                   (laps 195 + 277m) = 81.202
27. David Attrill David Newborn
                                   (laps 194 + 030m) = 80.540
                                                               W
28. Chris Graham
                                   (laps 193 + 151m) = 80.246
29. Warren Holst
                                   (laps 193 + 000m) = 80.095
30. Nick Drayton
                                   (laps 192 + 077m) = 79.757
31. Laurie Hennessey
                                   (laps 185 + 288m) = 77.063
32. Rebecca Oliver
                                   (laps 185 + 033m) = 76.808
33. Grant Campbell
                                   (laps 180 + 341m) = 75.041
34. Lauchlan Wilkinson
                                    (laps 179 + 106m) = 74.391
35. Karina Ward
                                   (laps 177 + 248m) = 73.703
                                                               W
                                                                     1st Female Walker
36. Mark Worrall
                                   (laps 176 + 118m) = 73.158
                                                               W
                                   (laps 174 + 250m) = 72.460
37. Val Chesterton
                                                               W
                                                                     2nd Female Walker
                                   (laps 169 + 092m) = 70.227
38. Bert Janes
                                                               W
                                   (laps 168 + 171m) = 69.891
39. Steele Beveridge
                                                                W
40. Richard McCormick
                                   (laps 167 + 169m) = 69.474
41. Robin Whyte (C)
                                   (laps 163 + 000m) = 67.645
                                                               W
42. Billy Wrigley
                                   (laps 161 + 116m) = 66.931
                                                                W
43. Rodney Ladyman
                                   (laps 158 + 017m) = 65.587
                                                                W
44. Damien Mever
                                   (laps 154 + 015m) = 63.925
45. Doug Fitzgerald
                                   (laps 143 + 308m) = 59.653
                                                               W
46. Geoff Barker
                                   (laps 136 + 000m) = 56.440
47. Peter Gray
                                   (laps 128 + 066m) = 53.186
                                                               W
                                   (laps 128 + 000m) = 53.120
48. Chris Hockman Omni
                                   (laps 125 + 000m) = 51.875
49. Andrew Drayton
                                   (laps 123 + 048m) = 51.093
50. Judy Brown
                                                               W
                                                                     3rd Female Walker
51. John Nuttail
                                    (laps 120 + 000m) = 49.800
52. Robyn Davis
                                   (laps 104 + 281m) = 43.441
53. Valerie Moran
                                   (laps 100 + 000m) = 41.500
                                                               W
54. Paul Thompson
                                   (laps 075 + 000m) = 31.125
                                                               W
55. Carol Baird (C)
                                   (laps 064 + 000m) = 26.560
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Left: The new event record holder Andrew Ludwig and the old event record holder Robin Whyte

Right: The 3 male placegetters – Peter Bennett, Andrew Ludwig and Pat Fisher (Copyright Doug Fitzgerald – reprinted with permission)

I must also point readers to ACT walker Doug Fitzgerald's photo website which contains quite a number of photos of the walkers: <a href="http://picasaweb.google.com/douglasfitzgerald/GosfordCoastalClassic2007ACTRFWCContingent">http://picasaweb.google.com/douglasfitzgerald/GosfordCoastalClassic2007ACTRFWCContingent</a>





Peter Bennett and Andew Ludwig in action on the grasss track - looking pretty bare on the Sunday morning!

And finally, a report from Peter Bennett..thanks Peter!

The 2007 Gosford Coastal Classic celebrated the 10<sup>th</sup> running of the event with a new race record in the 12 hour walk. Five Australian Centurions lined up with four walkers, Andrew Ludwig C25, Peter Bennett C24, Robin Whyte C29, and Patrick Fisher C53 along with Carol Baird C39 Australia's most accomplished ultra walker who entered as a runner.

There was a record field of runners and walkers even with a few late scratchings. Race conditions were as good as you will get and the soft grass track was kind to the legs. Due to a late council directive the race was held in lane 3 of the track. Starters were informed that laps would be recorded as being 420 metres. This was amended post race to 415 metres. This caused some angst amongst a couple of competitors who had stopped after recording what was thought to be a certain milestone rather than keep competing for the entire 12 hours.

Andrew Ludwig was keen to re-establish himself on the ultra-walking scene and lead the walking field from the start .He quickly settled into 2.30 laps and maintained that relentless pace until after the 50km mark. Some of the runners were overheard questioning when the leading walkers would ever ease up. Andrew kept up this pace until about the 8 hours mark when it was looking like 110 km was possible. Even though he tired late in the race Andrew easily accounted for Robin Whyte's race record by recording a tremendous 103.335km. Given the limited opportunity Andrew has to train this was a wonderful performance.

Peter Bennett finished second with 98.349km and Patrick Fisher third with 81.808km.

Many of the runners thought that Andrew and Peter were insane as they raced each other over the final few minutes, putting in a 2.10 400 metres. It is only six weeks since Peter competed in another 12 hour race so I think the runners might have a point.

The ACT was well represented with Patrick, Robyn Whyte (67.645km), Lachlan Wilkinson (74.391km), Mark Worrall (73.158km) and Val Chesteron (72.460km), who was second in the women's race behind Karina Ward (73.703km), amongst the happy contingent that made the trip from Canberra. Third in the women's walk was Judy Brown (51.093km). Unfortunately for Carol this was not to be her race and after problems with an ankle injury called it a night after only 26.56km.

Gold Coast Masters walker Bert Janes put in a brave performance in his first ever ultra walk recording a very credible 70.227km.Bert competes in the Masters M70 category and left a lot of younger and more experienced walkers like Steele Beveridge and Robin Whyte in his wake.

This annual event has developed as an ideal lead up race to our annual Centurion 24 hour event in Coburg in April. It has also established itself as a race of high quality as a browse of the winners list of the last ten year will testify.

The race is organized by a dedicated and hardworking team of ultra enthusiasts lead by Paul Thompson, Frank Overton and Greg Rowe. All are race walkers and deserve credit along with a large band of volunteers for putting on a well run and enjoyable event.

It is a good sign of the healthy state of ultra walking in Australia when a top field of walkers not at the Gosford race could easily be named. It is certainly an event that ultra walkers should pencil into their calendar for next year.

#### NEW AUSTRALIAN MASTERS RECORDS FROM GOSFORD

I am pleased to announce that we have two new Australian Masters records as a result of the recent Gosford event.

Andrew Ludwig	M50 12 Hour Record	103.335 km
Val Chesterton	W65 12 Hour Record	72.460 km

In fact, Andrew's 12 Hour distance is the fourth best ever by an Australian and puts him in the elite ranks of those who have bettered the 100 km mark in 12 Hours.

Ian Jack	34	107.20 km	03/11/1979	
Gordon Smith	38	105.29 km	19/08/1938	(65 miles 781 yds)
Peter Bennett	38	103.75 km	08/10/1994	
Andrew Ludwig	50	103.33 km	07/01/2007	
John Smith	40	103.12 km	07/10/1978	
Tim Erickson	25	100.55 km	09/10/1976	
Peter Bennett	40	100.00  km	28/10/1996	

#### KEN WALTERS - JACK OF ALL SPORTS AND MASTER OF MANY

The following terrific article on **Ken Walters (C 26)** was published in the Victorian Masters Newsletter last month. It was written by fellow Masters walker Tony Johnson.





A young Ken Walters in Ararat main street, circa 1950's - and still looking good in 2007

Lots of us know Ken Walters by his cheerful outlook and positive energy, always coming up with new ideas for his beloved Croydon venue, but few know his extensive sporting achievements and involvement. His voice is very familiar to those of us who compete regularly at the Victorian Championships as Ken has been course announcer on most such occasions for years, and his jokes in "Around The Grounds" which he produces every month (with help from his capable team), are laughed or groaned at by many.

Racewalking has been the most recent and successful vet's discipline for Ken personally and you never know when he'll make another comeback – but just have a look at the following summary of the sporting career of this proud father of four and grandfather of seven:-

- Professional cyclist from 1953 to 1962, winning his division of the 1955 Sun Tour, coming second overall and winning several sprints.
- Aussie Rules football umpire for 41 years, initially running the boundary with the V.F.A. and had
  two grand finals before being encouraged to step up to field umpiring. Still going strong and
  outrunning the slower players!
- Started squash in 1962 and helped Ringwood win their first pennant.
- · Co-founder of Sherbrooke Little Athletics and one of the pioneers of Saturday Kids sport.
- Did Racewalking coaching course initially to help Little Athletics walkers but expanded to coach an impressive list of athletes (juniors, vets and open age walkers) several of whom have gone on to represent Australia at World Cup level.
- Founder of the famous "Bushrangers Classic" team relay run in the hills in the 1980's.
- One of the key organisers of the World Veteran Games in Melbourne in 1987.
- Participant in the "4 Peaks" alpine climb runs up Porepunkah, Hotham, Feathertop and Buffalo.
- Became a "Centurion" racewalker last century, joining a very special and rather small group of walkers, by completing 100 miles (Yes, miles) around Collingwood track in under 24 hours.
- Medallist in World Vet's Championship both individually and as a team member.
- Keen golfer and improving so much so that the colourful language that once flowed from his vicinity has made way for a calm and reflective attitude. (Mostly!)
- Keen member and past president of Upwey Lawn Bowls Club, instilling that club with renewed vigour and introducing much innovation. (With wife Judy enjoying bowling too, and beating most of the men.)

Ken doesn't like things to stand still, least of all himself! When you see that sparkle in his eye you just know he's scheming up something new. Just keep it going Ken!

#### MORE ON OUR NEW VICE PRESIDENT

As I mentioned in the last newsletter, **Bill Dyer (C 15)** has stepped down from the Presidency, Vice President **John Smith (C 16)** has taken over as the new President and **Ian Jack (C 17)** is now our Vice President. New members may not know too much about Ian so I thought it appropriate to write a bit of an introduction. Welcome aboard, Ian!

Ian, born 27 April 1945, started racewalking in 1961 while still a schoolboy when St Bedes were setting up an athletics club. Soon after that, he also joined the Victorian Amateur Walking Club. After a year with St Bedes Old Boys Athletics Club, he joined St Kevins Old Boys and walked with them until 1965. At that stage, he felt that, to continue to improve, he needed to walk A Grade so he moved with his twin brother Clarrie to Glenhuntly Athletics Club where he stayed throughout his subsequent career.

After a couple of years racing A Grade with Glenhuntly, Ian decided to give it all away and retired in 1967. It was not until 1972 that he returned to the sport. In the intervening period, Clarrie had been steadily improving and was now ranked amongst the top Victorian distance walkers.

Ian now had to start again, but this time in Clarrie's shadow. While Clarrie was winning medals in Victorian championships, Ian was quietly working his way along a couple of places behind him. In 1973, he had his first success, 3<sup>rd</sup> place in the AV 50 km championship. His time was 5:04:27.

As he got fitter, he became a regular in Victorian teams to the AFRWC 20 mile championship and to the AA 50 km championships (held every second year). By 1978, he had just about caught up to Clarrie and bridged the gap created by his earlier spell from walking. Now only a minute or two separated them and he started to split the honours with Clarrie and swap places in various races.

His greatest athletic achievements came in 1979. Firstly he was selected in the annual Australia vs New Zealand racewalking match and came  $2^{nd}$  in the 50 km event, only 1 minute behind the winner Clarrie. Then a couple of months later, he became Australian Centurion Number 17 when he completed our annual 100 mile qualifying event at the Collingwood Harriers Track in Clifton Hill in an astonishing **17:59:30**. This cut some 34 minutes off the current Australian record and was amongst the world best times for the 100 mile walk.

In that event, Ian negative split the two halves, walking some 9:15 for the first 50 miles and then storming home over the second 50 miles in 8:45. That event showed where his real potential lay – in the ultra walks. What he

lacked in speed over the shorter distances, he more than made up for in his awesome strength and ability to absorb pain.

It is unfortunate that Ian retired from serious competition in the early 1980s but he leaves a 100 mile mark that has withstood all challenges over the last 27 years – and promises to withstand them for quite some time yet.



5 old walkers at the 2006 Commonwealth Games – Rick Keam, Tim Erickson (C 13), Ian Jack (C 17), Terry O'Neill (C 18) and Ken Duquemin (Guernsey)

## PRESIDENT'S 2006 CHRISTMAS LETTER, BRITISH CENTURIONS

9<sup>th</sup> December 2006 From: Carl Lawton C.750, Centurions President

Dear fellow Centurion,

As another passes so we come nearer to our Centenary in 2011. You will be pleased to hear that I have a small sub-committee working to ensure that we have a spectacular series of events during our Centenary Year and although we have received quite a number of suggestions we would like to hear more of your views how this memorable occasion should be celebrated. We intend to have a major event on or at least as near as possible to the original date of the Centurions formation on 11<sup>th</sup> May 1911. The plan is a Dinner with some added attraction at a venue which fits the occasion.

We anticipate that many Centurions will wish to attend. Our Hon. Secretary Chris Flint C849 is keen to hear if you wish to attend and any thoughts how the Centenary should be celebrated. He can be contacted at 65 Liverpool Road, Walmer, Kent, CT14 7NN, Tel. No. 01304 368324 or by email at bettychrisrf@hotmail.com

The past year has been a positive one, as follows:

From a large field at the Isle of Man 100 miles/24 hours race, which was held in conjunction with the RWA's long distance national championship, 25 participants achieved Centurions status. It was a great success for them and for the organisers led by Maureen Cox C940 and her enthusiastic team. The use in a UK 100 miles race of a computer chip system was tried and although it had its teething problems it has been generally regarded as a success despite some initial problems with the final results. Fortunately, due to the efforts of Eric Horwill C390 who insisted on a manual back up system for the leaders' lap recording and timing, the correct results were endorsed by the RWA. With a little adaptation the chip recording system is useful technology which will, no doubt, be used at future long distance races.

The AGM held on the 14<sup>th</sup> October at the RAF Club in Piccadilly was moderately well supported, and the Centurions Officer's and the Committee were re-elected and my thanks to go to those who have given their support and time to ensure the continuation of the Centurions 1911 in the last year. The Committee has met twice this year as well as on other occasions to organise the 95<sup>th</sup> Anniversary Dinner. The Committee meetings are open forums and any Centurion is welcome to attend (The dates will be put on the web site). I am grateful to Chris Flint who represented me at the Dutch Centurions AGM in November and he was able to present all the Centurions Certificates.

In a Motion at the AGM that the Centurions Trophy Rules should be amended in respect of the Hammond Trophy, it was agreed that this should be awarded to the first existing Centurion to finish a 100 miles in 24 hours event. The Rules had shown that it be awarded to the winner of the race and this had caused some disquiet as other Centurions had no opportunity of winning the coveted trophy.

The AGM was followed by the Centurions 95th Anniversary Dinner to which we welcomed from the Netherlands, Piet Jansens C386, Gerrit de Jong C456 and Frans Leijtens C959. We greatly appreciate their attendance at both the AGM and the Dinner. An entertaining evening was well conducted by our MC for the evening, fellow Centurion Dave Ainsworth C.540. My thanks go to Paul Sargeant C430 for organising the RAF Club as the venue, and to Kathy Crilley C933, Chris Flint C849. Pam Ficken C934 did the table flower arrangements and Brian Ficken brought along many photographic albums and other memorabilia. I thank them for their respective displays.

The main speaker was Peter Selby of Surrey Walking Club who, although not a Centurion, is a stalwart of walking who has given great support to many long distance events, including the Roubaix 28 hour team, for many years and I thank him for being our principal Guest

We were entertained by Cliff Royle, C148 of the Lancashire Walking Club and one of our oldest Centurion's. He is a member of the George Formby appreciation Society and he played his ukalale as all present joined him in a few of the famous George Formby favourites. He has promised, subject to availability, to attend the 2011 dinner. Finally, Bill Sutherland C890 and Colin Young C317 both gave moving and glowing testimonials of Don Thompson C631, the Olympic Gold Medallist, who had died the previous week.

The Treasurer, Parl Sargent C430, has expressed his appreciation of all those of you who have been able to make donations during the past twelve months. He and I welcome any sums to assist our finances and, of course, you may wish to donate in your Will which has been done by others over the years. My thanks go to those who financially help the Centurions, sometimes anonymously, and I am very appreciative of the generosity shown.

May I wish you all a merry Christmas and Prosperous New Year. Please don't forget the tradition to raise your glass and toast The Centurions at 2pm on Christmas Day and remember those who have died during the last year.

Carl Lawton C750

## CAPTAIN'S 2006 CHRISTMAS LETTER, BRITISH CENTURIONS

From: Charlie Weston C.584, Centurions Captain, Abbeygate Cottage, Kilnacroft, Ballyjamesduff, Co Cavan, Republic of Ireland.

Dear Fellow Centurion,

Season's Greeting to you all. I am very pleased to once again inform you of some of the events during the past year. Firstly though, I must thank all the Committee members for their contributions over the past year, particularly our Hon. Secretary Chris Flint, C849, Vice Captains Jill Green C898, Sue Clements C950 and Piet Jansens C389 who has been of great assistance to me in compiling the Supplement for the Centurions Handbook. I would like to thank all of you who sent in donations during the past twelve months. They are always very welcome, no matter how small.

Thanks also to the two Brother Centurions who replied personally to my last Christmas letter.

Sadly we record the death of our Brothers during the year as follows:

B. Marsham	C140	E. Blakemore	C152
T. W.Lown	C208	T. G. Sharlott	C236
R. Lokema	C364	J. C. Draper	C366
J. R. Reed	C419	C. Lockhorst	C537

D. van Nugteran	C566	M. van der Kolk	C609
D. J. Thompson	C631	J. Loyens	C680
B. Millen	C930	Angela Stubbs (wife of John Stubbs	C982)

We shall remember them and we have sent our condolences to their respective families.

## Bar le Duc 29th - 30th April 2006 200Km Men & 170Km Ladies

The R.W.A. sent a men's and a ladies team to contest the European Trophy. The ladies won the Trophy with an excellent team performance, comprising Sandra Brown C735 who won the women's race in 20:49:11; Rosemarie Crellin C1015 was 6<sup>th</sup> and Cath Duhig C986 came in at 8<sup>th</sup> position to complete the team. Jill Green C898 finished 10<sup>th</sup>. The men's team consisted of Jan Statter C968, who unfortunately had to retire with a painful back, Richard Brown C760 and David Jones C987 who both walked well. Other competitors were Kevin Marshall C.1001 and Chris Flint C.849 who both completed over 100 miles in 24 hours.

#### I.O.M. Parish Walk - 85 miles

There was once again a record number of starters (1399), of which 163 completed the full 85 miles distance. This was another record, 65 up on last year.

Sean Hands C1014 won the race in a time of 14:47:36. This exceeded the course record of 15:20:51, which was set by Derek Harrison C466 in 1979 by 33 minutes 15secs. Second place was taken by 4 times past winner Robbie Callister in 15:16:03, also breaking the old record. Third was Ray Pitts C1003 in 16:17:00. Fourth was the 1<sup>st</sup> lady, Sue Biggart in 16:23:14. Record Holder Derek Harrison C466, now aged 71, was allowed to complete the distance outside the 24 hour time limit in 26:15:50.

The race proved to be a great stepping stone for this year's 100 miles, which produced nineteen new Centurions from the Isle of Man.

#### Isle of Man Centurion 100 miles/24 hour Walk

This year's 100 mile was held at the National Sports Centre, Douglas, Isle of Man on 19<sup>th</sup> and 20<sup>th</sup> August 2006 and was very well organised by Isle of Man Veterans A.C. Maureen Cox C940 and her committee must be congratulated for making the weekend such a great success. A field of 76 started and 42 completed the event, 25 of which were new Centurions. There were 19 from Isle of Man, 5 from the Netherlands and 1 Australian.

I must thank Gerrit de Jong C456, the Dutch Centurion President, for bringing over 12 Continental walkers. Also for his assistance in recording times and for confirmation of the completed results.

The winner was Sean Hands C1014 of Manx Harriers I.O.M., in a time of 19:16:11, retaining his National Championship. Sandra Brown C735 took second place and was the first of 6 women finishers; completing her 21<sup>st</sup> UK 100 miles walk. Third was Sue Biggart of Isle of Man Vets A.C., to become new Centurion C1030 and winner of the Hew Neilson 145 Trophy in a time of 20:08:29, a great performance.

My thanks go to all officials, especially our President Carl Lawton C750 and Eric Horwill C390 (joint referees) who with myself undertook the manual recording. A commercial firm was employed to use an electronic 'chip' recording system. The three timekeepers from the Northern Area did an excellent job. Unfortunately the final results took nearly 3 weeks to produce due to discrepancies with the 'chip' system results which were eventually corrected by Eric Horwill. Eight walkers completed the 24-hour event, the winner being Marcelino Sobczak from Holland with a distance of 111.15 miles. He finished 4th in the 100 mile to become new Centurion C1031.

#### A.G.M.

This year's A.G.M. was held on Saturday 14th October 2006 at the Royal Air Force Club in Piccadilly, London in conjunction with our 95th Anniversary Dinner later that evening. The A.G.M. was attended by 28 Centurions. Thanks must go to our Treasurer, Paul Sargent C430 for arranging the use of the venue. The Officers and Committee were re-elected to serve for another year. I was very proud to be nominated as a Vice President. This was unanimously endorsed by all present. The next A.G.M. will be held on 13<sup>th</sup> October 2007. Venue to be notified later.

The 95<sup>th</sup> Anniversary Dinner was a great success as reported by our President, Carl Lawton C750 in his Christmas letter.

#### Other News

Congratulations to Hazel Fairhurst C983 and her husband Paul on the birth of their baby daughter, named Charlotte Rose.

Next year's 100 miles will be hosted by Surrey Walking Club at Battersea Park, London, on 28/29<sup>th</sup> July 2007. We look forward to a bumper turn out.

We congratulate our fellow Centurion Dave Ainsworth C.540 on winning a once-in-a-life-time lottery prize to take part in the Great Ethiopian Run over 10 km where he met Haile Gebrselassie, the double Olympic champion, and Dave not only completed the course successfully but had a great time. Well done, and it shows the value of buying a £1 raffle ticket!

Your Officers and I would like to extend our warmest wishes to you all, especially those of you who qualified in the Isle of Man last June.

Please join me and raise your glass in time-honoured tradition at 2pm on Christmas Day to you fellow Centurions worldwide. The toast is 'The Centurions'.

God Bless and Happy Christmas and New Year to you all.

Charlie Weston C584 Captain Centurions 1911

## FINANCIAL NEWS

Thanks to the many members and supporters who continue to make sure we keep on an even financial keel. All donations and payments are acknowledged below. We are now building up nicely towards the kitty we need to run our 2007 Centurion qualifying event in April.

Incoming	Jim Turnbull – donation	50.00
o o	Andrew Ludwig – donation	40.00
	Dudley Pilkington – 2007 newsletter subs	12.00
	Dudley Pilkington – donation	18.00
	Clarrie and Ian Jack – 2007 newsletter subs	12.00
	Clarrie and Ian Jack – donation	8.00
	Carol Baird – 2007 newsletter subs	12.00
	Carol Baird – donation	38.00
	Bill Dillon – 2007 newsletter subs	12.00
	Stan Jones – 2007 newsletter subs	12.00
	Stan Jones – donation	38.00
	Lachlan Wilkinson – donation	30.00
	Lyn Lewis – 2007 newsletter subs	12.00
	Lyn Lewis – donation	8.00
	Geoff Peters – 2007 newsletter subs	12.00
	Geoff Peters – donation	28.00
	Ruth Weber – 2007 newsletter subs	12.00
	Ruth Weber – donation	18.00
Outgoing	V.F.Trainer – Gordon Smith Award trophy	57.00
	Incorporated Assn Annual Payment	37.60
	Postage and Photocopying	16.90

Balance of Account as of 16/02/2007

599.78

## UNTIL OUR NEXT NEWSLETTER

I am a bit late with this first edition for the 2007 year but, as they say, better late than never. The main item of news is of course the wonderful Gosford 12 Hour event and the re-emergence of Andrew Ludwig after a quiet period. Andrew's record breaking performance reminds us that there is always something left in the old legs, if only we turn out minds to it. Speaking of old legs, where are my runners......

Yours in Centurion walking

Tim Erickson (C 13) Secretary, Australian Centurion Walkers Inc. 1 Avoca Cres, Pascoe Vale, Victoria, 3044