CENTURION FOOTNOTES

JUNE 2010 - VOL 17 NUMBER 4

The Official Magazine of Australian Centurion Walkers Inc Founded 1971, Incorporated 2000, No. A0040301S http://www.vicnet.net.au/~austcent/index.html

President Vice-President Secretary Ian Jack (C 17) Terry O'Neill (C 18) Tim Erickson (C 13) 03-95706195 03-95435753 03-90125431

DATES...DATES...DATES

31 July – 1 Aug 2010	Australian 48 Hour Champs and Qld1 24 Hour Championships	Caboolture, QLD
8-9 Aug 2010	British Centurions 100 Mile qualifier	Castle Park, Colchester, ENG
16 Jan 2011	Launceston 6H and 12H run/walk	Launceston, Tasmania
14 May 2011	British Centurions Centenary Dinner, House of Commons	London, ENG

Great news for everyone – the British Centurions 2010 event is now back on the calendar and scheduled for 8-9 August in Castle Park in Colchester. It is being organised by the London Vidarians and will support the the British charity group 'Help the Heroes'. Enquiries to Chris Flint: <u>flintc@scr-ltd.co.uk</u>

And speaking of the British centurions, webmaster Kathy Crilley (C 933) has completely revamped their website which now looks fantastic – check out <u>http://www.centurions1911.org.uk/index.html</u>

And mention of a race worth supporting now that the Gosford 12 Hour event is no longer being held each January.Launceston 6 Hour and 12 Hour race organizer David Brelsford advises

Hi everyone,

This is just to let you know that the 2011 event will be on Sunday 16 January 2011. The start will be at 5.30 a.m. This means that the first half hour or so will be run under floodlights. But it will allow the 6 hour people, at least, to finish before any real heat gets up. And hopefully the 12 hour people won't have to panic so much about catching a plane back to the mainland.

So start your training now! Hope to see you there. Cheers, Davo.

NEWS ON OUR MEMBERS

Fred Brooks (C 42) is now safely settled back in England and emailed me last month to say

Hi Tim and Lois, many thanks for your Newsletter. I finally got here on the 26th April after waiting for my passport for about seven weeks. An official went on his holidays and left the passport on his desk for about four weeks, then when I received it, the Ash cloud from Iceland held me up another ten days. I am still at my brother's for the present time as my belongings do not get here till about the middle of June, so at the present time emails will have to be suffice. I will keep in touch. Till I move, look after yourselves, Fred

and he emailed a further update a few days ago

Hi all, finally everything is coming together. I have moved into my house and on the 24th June all ny goods from Australia will be delivered which after that will give me time to research the family history some more. This part of Birmingham where I am living is full of history, Within a two minute walk I can go and see the church which is early 13th century; two minutes walk the other way is Blakesley Hall, a 15th century manor house, and Yardley old village is like walking back through time as they have retained not only the church but the old village with its schoolhouse and the little cottages and the wonderful houses. In the next couple of months I hope to go up to the City of York, one of the few walled cities left in the U.K. I have taken some photos of the house and garden and will send them in the near future.Look after yourselves,Fred

And for his many friends, Fred's new email address is brooks76@hotmail.co.uk

Mike Harvey (C 43) has been running recently and a couple of ultra results have come my way. First to the Six Foot Track Marathon (see <u>http://www.sixfoot.com/index.php)</u> which was held on March 13th. This demanding 45km trail run traverses the Blue Mountains, starting near Katoomba and finishing at the Genolan Caves. To give some idea of its popularity, it reached its maximum cacpacity of 850 entries and entries had to be closed. Mike finished a creditable

147th in a time of 4:47:58. Then in the Gold Coast Hundred held on June 13th, he finished in 11th place in 11:15:22. I tracked him down via email after the event and he replied

Well Tim,

..... I decided to do the 100km last year. I have always been fit and just ran a few longer runs in the 2 and 3 weeks before (45km). On the day I felt ok until about 40km. I kept plodding along but the last 30km was a real struggle; run, walk, run, walk all the way. I was hoping for something a bit quicker. The next day, Monday, I had a sore throat and by Tuesday I was pretty sick and had to go home at lunch time. I obviously had the virus in the system when I raced. I still felt pretty ordinary on Saturday but I managed 60.30 in the 15km road run at Ballarat. See you on the road or track sometime. Mike.

Hmmm. I'm not surprised. I don't think I'd feel very well either after those two runs!

I travelled to Canberra on the June long weekend for the big Racewalking Australia carnival which is held there annually at that time. With over 400 walkers, it is a huge show but that is a topic for another discussion. One of the key events is the classic 20 mile racewalk which is held over a tough hilly course around Lake Burley Griffin. Add to that an overnight temperature of -5° C and the 8AM start saw lots of cold walkers! Amongst the starters were **Robin Whyte (C 29), John Harris (C 12)** and **Pat Fisher (C 53)**. For the record, Robin finished 9th in the Open 20 Mile with 3:37:41, John won the Fitness 20 Mile event with 3:53:13 and Pat was 6th with 4:40:00. This was Robin's 42^{nd} finish out of 44 times that the event has been held. What an effort!

Australian Centurions co-founder **Brian Parkinson** has been back in hospital this month after an accident at home when a ladder slipped from underneath him and he fell, badly damaging two fingers, with a third having restricted movement. After micro-surgery, he is now back home but taking it easy for the time being. Look after yourself Brian!

Sue Clements (C 35) has just completed the 4 day 292km Paris to Tubize (Brussels). This event, organised by the Belgian Club "Roses Noire" every year, encourages participants to 'collect' completions. This was Sue's 8th completion so she is well on the way to collecting her award for 10 finishes.

The distance is divided into 4 sections as follows: Day 1 Lagny, Paris to Pierrefonds 75kms; Day 2 Pierefonds to Ribemont 81 kms; Day 3 Ribemont to Feignies 75.4kms; Day 4 Feignies to Tubize 60kms. The route uses roads and tracks and for most of the way goes through delightful French countryside. The last day uses more main road on the approach to Tubize and walkers' friends and families come to meet them at the checkpoints. See the website for further details (www.paristubize.be).

Sue surprised us all by announcing a short while ago that she would be moving from England to Spain. Here is what she had to say in the latest Essex Walker newsletter.

By now you probably all know that I have scooted off to the sun. For the next 6 months or so I will be shuttling between Cambridge and Spain while I gradually sort myself out. In the short term I will be in either Alicante or Barcelona (maybe both) and Ian and I plan to eventually settle in Madrid late summer. The Spanish walking scene looks good and I hope to find a group to join out there. Alicante is not far away from the mountains and I am looking forward to doing some 'proper' walking as well as race walking. I will continue to take part in LDWA events in the UK, combining them with seeing my family. Best wishes, Sue

Stan Miskin (C 23) has been in the battles a bit recently. He copied me in on an email as follows

About a month ago I was diagnosed with a severe case of shingles and have not yet improved. I can't drive nor use the computer (until now) as I am in much pain which stops me from sleeping, and my eyesight is badly affected. All in all a miserable existance. I am receiving treatment from my GP and an eye specialist and visit both of them again next week. I hope that they can then do something to help.

We hope that you will soon be back on top of things again Stan.

NEW AUSTRALIAN WOMEN'S RESIDENTIAL 6 HOUR RECORD RECOGNIZED

I failed to pick up that **Heather Carr**'s 6 Hour walk performance (**51.423km**) in our 2009 Centurions event at Coburg was actually a **new Australian Residential record**, beating the 2001 distance of 50.400km done by Carol Baird in the Gosford 12 Hour event that year. I have since ratified the new record and presented Heather with a record certificate to recognise her new found status! Heather is of course better known as one of the world's best Masters racewalkers and she currently holds all the W60 World Records for the various shorter racewalking distances. Of course, the Australian All-Comers record of 54.180km is still owned by English supremo Sandra Brown from our 1999 event at Coburg.



Heather on her way to a new Australian Residential 6 Hour record in March 2009

CONTINENTAL CENTURIONS 24 HOUR WALK, SCHIEDAM, HOLLAND, 22-23 MAY 2010

The annual Continental Centurion qualifier was held in late May in Schiedam, Holland, and the standard was just as high as usual. A total of 20 walkers reached the 100 mile mark within the required 24 Hours and the vast majority continued on for the full 24 hours. The fastest 100 mile walker was Bart Snoeren with 18:49:50 while long distance walking legend Marleen Radder-Willems was the fastest of the ladies in 20:43:22. I am not sure yet how many were new Centurions but I am sure that there were a few.

100 N	file Qualifier				
1.	Bart Snoeren	DAK	69	160.925 km	18.49.50
2.	Guido Vermeir	Vita	58	160.925	19.46.09
3.	Gerard Heunks	RWV	63	160.925	20.20.30
4.	Eddy Goeman	Egmont	62	160.925	20.37.25
5.	Marleen Radder-Willems (F)	RWV	51	160.925	20.43.22
6.	Dirk-Jan Nieuwenhuizen	DAK	75	160.925	21.16.40
7.	Harm Voortman	LAT	63	160.925	21.48.39
8.	Martien van Achterberg	OLAT	43	160.925	22.06.06
9.	Adrie Zoon	RWV	55	160.925	22.09.27
10.	Wim van Cappelle	OLAT	55	160.925	22.22.39
11.	5	RWV	48	160.925	22.28.10
12.	Ronald Cuijlits	RWV	65	160.925	22.35.47
13.	Piet van der Kroft	RWV	44	160.925	22.47.23
14.	Rob Wiche	RWV	48	160.925	22.48.15
15.	Christopher Flint	London Vid	44	160.925	23.26.09
16.	Martijn van den Boogaard	RWV	86	160.925	22.49.22
17.	Anton Nap	RWV	67	160.925	22.51.18
18.	Marc Libion	Car Andenne	68	160.925	23.22.37
19.	Ilona Klinkendon (F)	RWV	63	160.925	23.50.38
20.	Arie Klootwijk	Pr.Marijke	45	160.925	23.50.56

The 50 Miles walk was a very high quality event that was won by British centurion Peter Ryan in 8:53:00. I include the results for those who bettered 11:30:00.

50 Mi	les Walk				
1.	Peter Ryan	Ilford AC	54	80.463 km	08.53.00
2.	Ton van Andel	RWV	59	80.463	09.49.50
3.	Frans Leijtens	RWV	76	80.463	09.58.11
4.	Antoine Hunting	KNBLO	71	80.463	10.14.06
5.	Luc Soetewey	Stroboeren	61	80.463	10.21.24
6.	Jenny Bergs (F)	RWV	55	80.463	10.25.58
7.	Bert Pakvis	Haaglanden	55	80.463	10.32.40

8.	Frans van den Berg	St Jansstap	48	80.463	10.32.43
9.	Jantinus Meints	-	58	80.463	10.42.41
10.	Marth Pemen	NoorderK.	51	80.463	10.53.24
11.	Ronald van Meensel	RWV	64	80.463	10.54.29
12.	Wilko van Nieuwenhuyzen	OLAT	66	80.463	11.13.21
13.	Ad Stevens		43	80.463	11.17.32
14.	Hein Sanders	RWV	64	80.463	11.17.32
15.	Cor Jan Klopper	Haaglanden	56	80.463	11.25.45
16.	Klaas Bakker	OLAT	37	80.463	11.25.47
17.	Appie Bos	FLAL	85	80.463	11.27.38
18.	Jannie Bos (F)	FLAL	55	80.463	11.27.38
19.	Jan Dinnisen	OLAT	55	80.463	11.29.38

And finally, 2009 Australian Centurions Caroline Mestdagh (C 56) and Rudy Schoors (C 55) warmed up for the American Centurions event with their usual walk together, both crossing the finishing line together in 6:26:00.

50 km	ı walk				
1.	Caroline Mestdagh (F)	RWV	65	50 Miles	06.26.20
2.	Rudy Schoors	RWV	65	50	06.26.20
3.	Bauke te Nijenhuis	RWV	35	50	06.33.53
4.	Harold Kwak		69	50	06.47.05

USA CENTURION QUALIFIER, MINNEAPOLIS, USA, 5-6 JUNE 2010

Two weeks later, Rudy and Caroline were in Minneapolis for the annual American Centurions qualifying event which is held as part of the Fans 24 Hour run (see http://www.fans24hour.org/). I am pleased to report that the trip was successful and they are now both American Centurions, to add to their English, Continental and Australian centurion statuses. Here is what Race Director Pat Sackett had to say

Hoi, everyone! Rudy and Caroline represented you well, and our unofficial results have Rudy with 103.44 miles and Caroline going 101.69 miles. While both distances broke our course record of 100.40 miles set in 2008 by John Greene of Duluth, they weren't enough to grab first place in the 24 hour walk division. Frans Leytens of Dortrecht was a walking machine, covering 106.03 miles at a rock-steady pace. However, they were each able to take home the 2nd and 3rd place awards for their performances, and in addition received the Paul and Pat Sackett Award for greatest distance covered by a couple, totalling 205.13 miles to stay far ahead of the competition. In addition, they'll be packing the Jerry Heaps 'Miles to Go Before I Run Award', for the greatest distance traveled to the race (6720 km from Geel to Minneapolis). All three received the 100 Miles in 24 Hours sweatshirt given to all participants who cover a century during the 24-hour race, although this is only the second time in our history anyone in the walking division has packed one of those for the return trip home. Pat Sackett, co-race director

Here are the results from the FANS 24 hour (Centurion) and 12 hour walks

24 Hour Walk		
Frans Leytens	106.03 miles	C71
Rudy Schoors	103.44	C72
Caroline Mestdagh	101.69	C73
David Daubert	65.99	
Milan Stevanovich	62.82	
Keith Hardy	60.02	
Michael Rehbein	53.51	
Barb Curnow	50.09	
Annette LeDuc	50.09	
Sandy Krantz-O'Neil	50.09	
Adam Styer	18.60	
12 Hour Walk		
John Greene	54.93	
Phil Aaron	40.40	
Deborah Kathan	33.13	
Angie Brevig-Leppert	30.96	
Jenny Brevig	30.96	

Barb Osborn	25.87
Melanie Day	25.87
David Rubin	16.18

and the final word from Rudy and Caroline

Hoi Tim and Lois,

Happy news from Belgium: we're both USA-Centurions!

Last weekend we achieved the title in Minneapolis, Minnesota. The event took place at Lake Nokomis. A very good location, but quiet hard for race walking. Each round was 2,4217 miles.

We started Saturday at 8 am. The weather was not ideal: it rained the first nine hours with temperatures around 20°C. Lucky for us we could walk dry into the night with mild temperatures.

The judging of the race was done by the Twin City Race walkers. We took a very good start and did 90 km the first 12 hours. Only our friend from The Netherlands, Frans Leijtens did better.

After nine hours walking he took a full lap on us. He won the Centurion title in a time about 22h12'. Caroline and I achieved the 100M point at 23h01'. The event was actually a 24 hours race. Frans finshed first with 106.03 miles, Rudy second 103.44 miles and Caroline third 101.69 miles (first women!). So the podium was only European and very special all three from the same walking club: RWV from The Netherlands.

We all three had a marvellous event and enjoyed the very good organisation! Frans won his third Centurions badge and we are very happy with our fourth. Hopefully Frans will come to Australia and become an Australian Centurion in the next few years.

Greetings from Rudy and Caroline. USA Centurions: C-73 and C-72

Ulli Kamm's USA Centurions list has now been updated: http://www.ultrawalk.com/Centurion/US%20Centurions.htm

And check out these two sites sites for pictures from the event

- $\ \ \underline{http://picasaweb.google.nl/centurion949/VakantieMinneapolisEnFANS24UurswedstrijdCenturionUSA} \# and \ \ \\$
- <u>http://firstphoto.lifepics.com/net/Albums/ListImages.aspx?</u>
 <u>s=A18F9E698937A413C9DDB79CFC42768AD59095F469137CB2AA5BE88BD560B451&e=FBB478C63C</u>
 <u>9C21DD19888046A885A594E4559CF1C3980C52766EB930CA360EDD94312F41BF60234B388AEC35871</u>
 <u>951C5</u>

Finally a couple of photos from the collection to complete the report



Frans (UCA-C71), Rudy (USA-C72) and Caroline (USA-C73) with race director Pat Sackett



Rudy and Caroline in action in Minneapolis

6 DAY RACE, ANTIBES, FRANCE, 6-12 JUNE 2010

The second French Ultra 6 Day Festial was held earlier this month in the seaside resort city of Antibes in southern France (see <u>http://www.6jours-antibes.fr/0-anglais/0-accueil-ang.html</u>). It offered 6 Day, 48 Hour and 24 Hour run and walk categories and the standard and participation rate was high. The location was the Fort Carré Stadium in Antibes and the circuit was a 1295 metre lap that took in the stadium and surrounding area. The following photo shows it in all its spendour.



The 6 day walk proved very popular and was won by Alain Grassi with an excellent 701.892km, ahead of Dominique Naomoiwicz and Bernardo Jose-Mora. The top 20 placings in the walk division are shown below

1	LES COLMARIENS (relay team)	М	821 laps	1063.195 km
2	GRASSI - Alain	М	542	701.892
3	NAUMOWICZ - Dominique	М	489	633.257
4	JOSE-MORA - Bernardo	Μ	481	622.898
5	PAILLE - Stephane	Μ	429	555.555
6	LAILLER - Patrick	М	418	541.312

7		м	107	50(000
7	PRUECKNER - Jaroslav	Μ	406	526.928
8	LEBRUN - Thierry	Μ	398	515.412
9	COURCY - Jean-claude	М	396	512.822
10	EMONIERE - Philippe	М	391	506.771
11	CZUKOR - Zoltan	М	381	493.397
12	PANNIER - Josiane	F	366	473.972
13	LESCURE - Frederic	М	364	471.382
14	SVENSSON - Christer	М	354	458.432
15	DELASSAUX - Jacqueline	F	287	371.665
16	SEGUI - Santiago	М	272	352.243
17	DALPHIN - Daniel	М	260	336.700
18	PANNIER PILLE - Magali	F	242	313.390
19	FLAMENT - Jacques	М	199	258.181
20	2AUNE - Anna	F	195	252.552

ROUEN 24 HOUR RACE, ROUEN, FRANCE, 12-13 JUNE 2010

Peter Bennett (C 24) has won this prestigious event for the last two years but he was not expecting to compete this year until he received a phone call the week before, making him an offer he could not refuse. So on short notice and without any real buildup, he packed his bags and caught his flight to France the next day! He was certainly in two minds as it meant that he would miss the annual Canberra 20 mile which he has completed 17 times in a row, but go he did and he must now be pleased that he did. The event was held on a lap of just under 800m and here is what Peter had to say post-race

I have just arrived home after my trip to France for the Rouen 24 Hour race over the weekend (I went into work after my flight landed in Brisbane).

After arriviving in France I had a couple of days doing what seemed like an seemingly endless rounds of meetings, receptions, seminars and dinners with lots of interesting and exceptional people from around the world, brought together by sport. On Thursday 10th June, I was one of 18 speakers at sports meeting in the town of Maromme.

But, the real reason I was invited to France was to participate in the Rouen 24 Hour International Walk held over the weekend og 12-13 June (5PM Saturday till 5PM Sunday). The race was won by Aleksi Rodinov from Russia, one of the worlds greatest ultra walkers. Aleksi walked 221.01km and I did 216.24km. I am pleased with my race in that I was able to keep Aleksi under pressure the whole race and not let him ease off or take a break at any stage.

While I don't have the full results, I can quote the first 4 places which read as follows

- RODIONOV Alexeï
 BENNETT Peter
- lexeï 221,010 km ter 216,240 km
- 3. BEGIN Jean-Pierre
 - re 174,105 km
- 4. RENONCOURT Christian 155,025 km



Peter walking in the 2010 Rouen 24 Hour classic

That distance is actually Peter's furthest ever, beating his previous Rouen winning distances of 214.65km (2008) and 213.885km (2009). 216km is an astonishing distance to walk in 24 hours and it took one of the world's best ultra distance walkers to beat him. For the record, Peter has now done ten 24 hour / 100 mile walks, starting with his first in 1994. After that, he had a big break to pursue his own racewalking career but in the past 2 years, he has done five of these long walks. What a legendary effort! Here is his overall list.

100 miles in 19:42:54	1 st	08-09 Oct 1994	Clifton Hill, Victoria
172.500 km in 24H	9 th	18-19 Sept 2005	Genting Highlands, Mal
176.175 km in 24H	3 rd	15-16 April 2006	Rouen, France
165.26 km in 24H	5 th	11-12 August 2007	Kuala Lumpur, Malaysia
214.65 km in 24H	1 st	5-6 July 2008	Rouen, France
213.885 km in 24H	1 st	30-31 May 2009	Rouen, France
100 miles in 19:48:40	3 rd (against runners)	27-28 June 2009	St Lucia, Queensland
177.300 km in 24H	3 rd (against runners)	1-2 August 2009	Caboolture, Queensland
100 miles in 22:01:35	1 st	17-18 April 2010	Coburg, Victoria
216.240 km in 24H	2^{nd}	12-13 June 2010	Rouen, France

SRI CHINMOY AUSTRALIAN 24 HOUR CHAMPIONSHIP, BRISBANE, QLD, 19-20 JUNE 2010

The annual Australian 24 Hour Track championships were held on the weekend of 19-20 June at the St Lucia athletics track in inner Brisbane. With a 9AM start on the Saturday morning, a very hot day might have spelt disaster but, although it was sunny, the temperature stopped at the low twenties, making it warm enough but not a killer. Peter Bennett had intended to start until his Rouen trip came to fruition so he was content to watch and help those walkers who did decide to try themselves out against the runners.

The event saw two Melbourne walkers contest the 24 Hour (Steve Jordan finished 13th in 138.553 km and Doug McKay finished 15th in129.297 km). John Harris (C 12) from QRWC contested the 12 Hour event and finished with a very good 87.999 km (John won the fitness 20 mile event the week before at the LBG carnival) while Michelle Thompson stormed through the 6 Hour event with 53.560 km to set a new Australian 6 Hour Residential Walking Record (the previous was held by Heather Carr with 51.423 km). Michelle was not far short of the Australian All-Comers record of 54.180 km, held by England's Sandra Brown and I am sure that she will have that in her sights for future reference.

Check out <u>http://au.srichinmoyraces.org/sri-chinmoy-24-hour-race-results-2010</u> for the full result set and check out the great selection of photos online at <u>http://gallery.srichinmoyraces.org/australia/24hour2010/</u>. Here are a short selection of photos from the Sri Chinmoy gallery.





24 Hour walkers Doug McKay and Steve Jordan





12 Hour walker John Harris (C 12) and new 6 Hour record holder Michelle Thompson

Michelle has burst onto the walking scene after crossing over from the ultra running discipline. She won the 2010 Coburg 6 Hour walk with 49.133 km and then won the 2010 Coburg 24 Hour run with 172.800 km. She then decided to have a serious go at walking and has been mixing it more with her running over the last few months.

A NEW STATISTICS WEBSITE

Rudolf Skrucany has alerted me to a ranking list for 200km (men) and 170km (women), taken from the various Paris-Colmar qualifying events over the years (see <u>http://www.scribd.com/doc/921772/Ranking-Mundial-TT-200km</u>). Just to show the quality, here are the top 10 rankings for men and women. And of course it is no surprise to see Sandra Brown in third place overall with her 2006 effort at Bar le Duc.

19.55.07 20.26.30 20.30.04 20.35.57 20.36.25 20.41.52 20.51.15 20.55.38 20.56.22 20.57.30		Zbigniew KLAPA Aleksei RODIONOV Gregorz Adam URBANOWSKI Jan DE JONGE Robert SCHOUKENS Eric DONZE Marcel JAUNASSE Dominique MALTHIERRY Jean Claude GOUVENAUX Vladimir BOIDATCHENKO		POL RUS POL HOL BEL FRA FRA FRA FRA FRA RUS	Chapelle Torcy Bar Le Duc Mons Bar le Duc Conflans St.H Bar Le Duc Vallorbe Chapelle Chateau-Thierry	22-23/10/88 26-27/02/00 03-04/05/99 02-03/04/83 02-03/05/81 02-03/05/81 25-26/04/87 21-22/09/91 18-19/10/81 08-09/04/95
19:56:41 20:11:24 20:49:11 20:55:02 21:03:48 21:05:50 21:08:45 21:10:46 21:26:58 22:01:47	$\begin{array}{c} (170,000) \\ (170,595) \\ (170,000) \\ (171,230) \\ (170,595) \\ (170,000) \\ (170,620) \\ (169,976) \\ (170,000) \\ (170,000) \\ (170,000) \end{array}$	Kora BOUFFLERT Ludmila AMIROVA Sandra BROWN Evguenia GUTIERREZ Marleen RADDER-WILLEMS Francine LACHIA Anne Marie MESMOUDI Sylvianne VARIN Valentina SETROVA Marina TARASSEVICH	66 68 49 69 51 56 60 52 71 58	FRA RUS GBR FRA NED FRA FRA FRA BLR BLR	Bar le Duc Torcy Bar le Duc Chateau Thierry Torcy Chateau-Thierry Chateau-Thierry Bourges Bar le Duc	23-24/04/05 26-27/02/00 29-30/04/06 25-26/03/00 26-27/02/00 20-10/03/04 19-20/03/05 15-16/03/03 05-06/10/02 29-30/04/06

FINANCIAL NEWS

Not much to report this month - thanks to Ian Valentine and the Jack brothers for their donations.

Incoming:	Donation – Ian Valentine	100.00
	Donation – Clarrie and Ian Jack	50.00
Balance:		\$516.06

UNTIL OUR NEXT NEWSLETTER

June has been a big month for the world of Centurion walking and for us in Australia with great walking performances galore. Well done to all those dedicated walkers who continue to push their own personal limits and who inspire us with their ongoing excellence.

Yours in Centurion walking

Tim Erickson (C 13) Secretary, Australian Centurion Walkers Inc., 1 Avoca Cres, Pascoe Vale, Victoria, 3044