# CENTURION FOOTNOTES JULY 2015 – VOL 22 NUMBER 5

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#### DATES...DATES...DATES

The AURA calendar shows quite a few Australian ultra events that may suit serious ultra walkers – check it out at <u>http://www.aura.asn.au/events.html</u>. Some key races follow.

Aug 2-8, 2015	6 Jours de France. See <u>http://www.6jours-de-france.fr/</u>	Privas, FRA
Aug 15-16, 2015	104 <sup>th</sup> Centurions 100 Miles qualifying walk	Castletown, Isle of Man
	See http://www.isleofman100milewalk.co.uk/index.html	
Aug 15-16, 2015	Track Ultra WA (see http://trackultrawa.com/) - 3H, 6H, 12H, 24H	Bunbury, WA
Sept 19-20, 2015	28 Heures de Roubaix (with 28 Hour Individual, 24 Hour Relay)	Roubaix, France
Sept 19-20, 2015	50 <sup>th</sup> anniversary Nijmegen to Rotterdam 100 miles walk	Holland
Oct 3-4, 2015	St Thibault 24 Hour Walk	St Thibault, FRA
Oct 3-4, 2015	NZ Centurions Qualifier (NZ Sri Chinmoy 24H)	Auckland, NZ
	See http://nz.srichinmoyraces.org/races/auck/24hr	
Oct 25, 2015	Ned Kelly Chase (50km and 100km)	Wangaratta, VIC
Sun Mar 7, 2016	Coburg 6 Hour Track Championships	Coburg, VIC
Mar 18-20, 2016	Inaugural 48H/24H/12H/6H Track Races	AIS Track, Canberra, ACT
	See http://cbr.48hr.ktkc.com.au/	
Apr 16-17, 2016	Coburg 24 Hour Track Championships	Coburg, VIC
	Australian Centurions 2016 Qualifier	
	See http://www.coburg24hr.org/24hr/	
Jun 30, 2016	Start of 2016 Swedish Fotrally ( <u>http://www.fotrally.se/</u> )	Sweden
Aug 6-7, 2016	105 <sup>th</sup> English Centurions 100 mile qualifier (Redcar RWC)	Redcar, Teeside
Oct 22-23, 2016	USA Centurions qualifying walk, Owega, NY (TBC)	

A new track ultra has just been announced for March 2016. Held at the AIS track in Canberra, it will feature 48H, 24H, 12H and 6H categories and is being organized by Australian ultra runner Billy Pearce. A good one for Australian ultra walkers to bookmark. See <u>http://cbr.48hr.ktkc.com.au/</u>.

#### **AROUND THE TRAPS**

A quick roundup on what some of our ultra walkers have been doing racently.

Our newest centurion **John Kilmartin (C67)** has been keeping himself busy training and racing in preparation for his next centurion appointment in the English Centurions qualifier on the Isle of Man next month.

John walked strongly in the 6 Hour event at the Sri Chinmoy 24 Hour Carnival in Campbelltown, NSW, on the weekend of June 13-14, coming 9<sup>th</sup> with a distance of **50.050km**. He was then back in action on the weekend of 11-12 July, walking in the 12 Hour event at the Adelaide 24 Hour Festival in Adelaide, SA. The race report for that event commented that the race, held over a 2.2km loop in the Adelaide University grounds, *saw easily the worst weather the event has seen in its seven year history*. But it did not stop John from completing a very good **93.315km** for 11<sup>th</sup> place.

It was also good to see former ultra walker **Phil Essam** and his wife **Belinda** complete the 12 Hour walk in Campbelltown, coming 12<sup>th</sup> (61.413km) and 13<sup>th</sup> (56.013km) respectively.

Australian centurion **Michael Harvey (C 42)** might be retired on the walking front now but he still keeps himself very fit and ran in the Gold Coast 100km last month (7<sup>th</sup> June), finishing in 21<sup>st</sup> place in a big PB time of 10:22.39. Not too shabby for an old bloke of 52!

As mentioned above, John Kilmartin heads off to the Isle of Man soon for the English Centurion qualifier while **Justin Scholz (C 61)** and **Sharon Scholz (C 63)** are heading over to Auckland to walk in the New Zealand Centurions qualifier in October.



John Kilmartin (C 67) competing in the Sri Chinmoy 6 Hour event in NSW last month

### 2015 LDWA HUNDRED – THE RED ROSE HUNDRED, 23-25 MAY 2015

**Jill Green (C 38)** and partner Jim Catchpole walked the annual Long Distance Walkers Association (LDWA) Hundred in late May this year, both finishing together in 261<sup>st</sup> place in a time of 43 hours and 9 minutes. This year's hundred was labelled The Red Rose Hundred and was held in Lancashire on the weekend of 23-25 May with a time limit of 48 hours overall. In a letter to my wife Lois before the event, Jill explained it as follows:

I do fear the LDWA 100. We have walked it all over 5 days. It's the hills, bogs, stiles, deep mud, navigating in the dark and I do feel 73, but having said that, I am going to give it a go. I've told Jim not to walk with me. He must do his own thing. The only time I can go faster than him is on flat bits, and there are very few flat bits on this course. It is not a race and I've done my qualifying events. If it's cold and wet, I will suffer.

But it proved no real challenge for Jill with her finish time well inside the 48 hour limit. For the record, the first finisher was Nathan Walsh who covered the demanding 100 mile course in 23 hrs and 40 mins. Now that is impressive for this sort of event. Full results: <u>https://www.ldwa.org.uk/results/full\_results.php?event\_id=8&results\_type=E</u>.

Here is the route description from the event website (see http://www.ldwa.org.uk/2015Hundred)

The route is anti-clockwise and leaves the Anderton Centre on the banks of Rivington Reservoir to climb up to the Pigeon Tower on the foothills of Winter Hill. From here you should have good views over the Lancashire plain including Blackpool Tower in the distance. The route then goes by the traffic free Belmont Road and along Catherine Edge to reach Slipper Lowe Car Park. There is then a climb to Darwen Jubilee Tower from where you can see over to the South of Lancashire including Manchester, The Pennines and the Peak District. The descent which then takes you by fields and lanes into Fenniscliffe on the outskirts of Blackburn. It is then into Witton Park and by tracks, lanes, fields and a reservoir to the Abbey town of Whalley.

The route then goes across tracks and moorland and into Witch Country to enter Barley. From here it is up onto Pendle Hill watching out for witches on the way to descend into the aptly named village of Downham. The route then undulates and crosses the River Ribble for the first time and enters the area known as the Forest of Bowland and the village of Bolton by Bowland. Farmland and lanes then take you right onto the Yorkshire Border and into Tosside. The route then goes through Gisburn Forest and by the side of Stocks Reservoir before coming into the breakfast stop at Slaidburn.

After a hearty breakfast the route goes down the Hodder Valley along riverside paths and into Dunsop Bridge.

Continuing higher up in the upper river valley the route climbs to go over moorland and then through farmland and tracks to enter Chipping. Via lanes you then go onto moorland and over Longridge Fell to then descend and into Hurst Green.

The route then goes onto the Ribble Way and then crosses the Ribble again before entering Mellor Brook. By lanes and fields and river paths the route takes you past Hoghton Tower and onto Hoghton. The final stretches are then through fields, canal and lanes and fields again to Brinscall. From here via tracks and paths you go past several reservoirs to return to a warm welcome at the Anderton Centre where if you want you can refresh your feet by dipping them in the cooling water.



Four of our most enthusiastic European based ultra walkers – Caroline Mestdagh (C 56), Jill Green (C 38), Sue Clements (C 35) and Rudy Schoors (C 55).

#### FOTRALLY, STOCKHOLM, SWEDEN, JUNE 15, 2015

*The Long Walk* is a novel by Stephen King, published under the pseudonym Richard Bachman in 1979. It was collected in 1985 in the hardcover omnibus The Bachman Books, and has seen several reprints since. Set in a dystopian present, the plot revolves around the contestants of a gruelling walking contest, held annually by a totalitarian version of the United States of America. In 2000, the American Library Association listed *The Long Walk* as one of the 100 best books for teenage readers published between 1966 and 2000. According to Stephen King, it is the first novel he wrote, begun eight years before his novel *Carrie* was published in 1974, when he was a freshman at the University of Maine in 1966–1967. It's a ripper yarn that I first read many years ago and which I still have on my bookshelf.

It raises the question: How far can a person go before he/she can go no further. Well, in 2009, Pontus Kylberg (pontus.kylberg@fotrally.se) decided to put the concept to the test and organised what is perhaps the ultimate ultra challenge. I remember having a discussion with him after the 2014 event in which he stated

We walk day and night, without rest until there is only one man left standing. Next year's Fotrally will start on June 25th 2015 in Stockholm, Sweden. Around 300-400 people will be there to try and beat our current record of 55 hours. All the contestants walk together as a group at 5km/h (3.11mph). In the front there is a leading vehicle which the contestants may not pass and in the back there is a portable toilet which the contestants may not be passed by. On this portable toilet each contestant gets 25 minutes per 24 hours (we time all the contestants). The winner will receive EUR 2160, USD 2950.

Last year (2014) was the first year that we had the competition broadcast on a live stream. The last 50 minutes from the competition together with photos and an interview with the winner are all available for viewing (in Swedish) on www.fotrally.se.

Next year (2015) will be the first year that we will have a national team competition. Sweden and Norway have announced team captains who are in the process of creating their teams. We are looking for other nations who dare challenge these two teams. Do you by any chance know someone who would want to be a team captain? A team requires 5 contestants and 2 standby.

Wow! What a concept. The 2014 event was fought out between Swedish walkers Silvio Cannavá and Lena Jensen. Lena eventually had to call it quits after 55 hours of walking, leaving Silvio as the last man standing. In fact, Swedish walkers filled the first 25 places last year.

But the 2015 staging really upped the ante on what is possible with winner **Fredrik Forsström** walking for an amazing **87 hours and 45 minutes**, just over 32 hours above the previous record. Jonas Davidsson took second place in the same time (but obviously could no longer continue) while Silvio Cannavá, Pia Rosvall, PerOla Axelsson and Niklas Grebäck also shattered last year's record of 55 hours. In addition, Pia Rosvall also bettered the debutant record by over 24 hours. "Team Sweden" took victory in the team competition which is decided when only one team remains with 3 or more active walkers.

For 44 year old Forsström, it was his 4<sup>th</sup> Fotrally – his previous placings had been 20<sup>th</sup> (2012 24:20), 3<sup>rd</sup> (2013 33:26) and 5<sup>th</sup> (2014 48:18). 5km/hr for some 88 hours comes out at around 440km of continuous walking.

1.	Fredrik Forsström	Huddinge	Sweden	87 hr 45 min
2.	Jonas Davidsson	Hägersten	Sweden	87 hr 45 min
3.	Silvio Cannavá	Stockholm	Sweden	80 hr 40 min
4.	Pia Rosvall	Årsta	Sweden	69 hr 00 min
5.	PerOla Axelsson	Bandhagen	Sweden	66 hr 05 min
6.	Niklas Grebäck	Bandhagen	Sweden	61 hr 10 min
7.	Christer Janzon	Stockholm	Sweden	44 hr 00 min
8.	Christer Tinnerholm	Grillby	Sweden	40 hr 10 min
9.	Angelo Törnblom Welander	Rönninge	Sweden	35 hr 40 min
10.	Björn Ohlsson	Lidingö	Sweden	33 hr 40 min
11.	Daniel Vesterhav	Eskilstuna	Sweden	31 hr 26 min
12.	Robert Jonsson	Falun	Sweden	31 hr 01 min
13.	Stefan Olsson	Bromma	Sweden	30 hr 02 min
14.	Tomas Sjölander	Bandhagen	Sweden	30 hr 02 min
15.	Richard Kindroth	Stockholm	Sweden	28 hr 34 min
16.	Per Nordström	Stockholm	Sweden	28 hr 05 min
17.	Martina Hausmann	Würzburg	Germany	28 hr 03 min
18.	Caroline-Olivia Elgán	Täby	Sweden	27 hr 07 min
19.	Nils Rösing	Linköping	Sweden	27 hr 07 min
20.	Anders Ganslandt	Klagstorp	Sweden	26 hr 34 min
21.	Fredrik Lindqvist	Åkersberga	Sweden	25 hr 31 min
22.	Anders Jungefors	Stockholm	Sweden	25 hr 22 min
23.	Olof Torbrand	Skövde	Sweden	25 hr 21 min
24.	Torill Fonn	Skövde	Sweden	24 hr 42 min
25.	Ludvig Schlyter	Stockholm	Sweden	24 hr 36 min
26.	John Nordmark	Farsta	Sweden	24 hr 34 min
27.	Rikard Eriksson	Stockholm	Sweden	24 hr 26 min
28.	Andreas Cederbom	Eskilstuna	Sweden	24 hr 23 min
29.	Joachim Henstad	Oslo	Norway	24 hr 22 min
30.	Patrik Magnusson	Bålsta	Sweden	24 hr 17 min
31.	Åke Annsberg	Stockholm	Sweden	24 hr 14 min
32.	Joachim Berggren	Farsta	Sweden	24 hr 08 min
33.	Peter Kruse	Huddinge	Sweden	24 hr 05 min
34.	Maria Lindberg	Nykvarn	Sweden	24 hr 00 min
	Christina Hilgendorf	Södertälje	Sweden	24 hr 00 min
36.	Jenny Lindberg	Hägersten	Sweden	24 hr 00 min
	Jonas Mogensen	Malmö	Sweden	24 hr 00 min
38.	Therese Berntsson	Lidingö	Sweden	24 hr 00 min
	Neil Franklin	Nyköping	England	24 hr 00 min
40.	Tony Långström	Växsjö	Sweden	24 hr 00 min

The improvement in the event can be traced with the winning times from the 7 annual stagings held thus far

Year	Name	Location	<b>Results (hours: minutes)</b>
2009	Thomas Gjutarenäfve	Tullinge, Sweden	9:45
2010	Maria Thomsen	Stockholm, Sweden	29:58
2011	Jonas Davidsson	Hägersten, Sweden	33:21
2012	Jonas Davidsson	Hägersten, Sweden	50:40
2013	Silvio Cannavá	Stockholm, Sweden	48:05
2014	Silvio Cannavá	Stockholm, Sweden	55:00
2015	Fredrik Forsström	Huddinge, Sweden	87:45

Here are a few links in case you want to investigate further

Official Website:	http://www.fotrally.se
Photos from 2015 race:	https://instagram.com/FotrallyIK/
Blog of 2013 Fotrally	http://maratonmarschen.wordpress.com/tag/fotrally-2013/

And what do you get for your efforts – the Fotrally medal – bronze for more than 12 hours, silver for more than 24 hours and gold for more than 48 hours of walking.



See a short video of the winner immediately after being told he is the last man left standing – talk about physically exhausted! - <u>http://www.marathonmia.se/uncategorized/fredrik-forsstrom-vinnaren-i-fotrally-2015/</u>



2015 winner Fredrik Forsström (photo http://www.ultradistans.se/?p=1687)

And now to a few of the other events that have been held recently in Europe:

#### ISLE OF MAN PARISH WALK, ISLE OF MAN. SATURDAY 20 JUNE

The famous 85-mile Parish Walk around each of the Isle of Man's 17 parishes is one of the biggest and toughest community sporting events around, boasting a total race distance of 85 miles and challenging all with a very hilly and tough course. Yet more than 1400 walkers were on on the start line at National Sports Centre in Douglas at 8am on Saturday 20<sup>th</sup> June. And while many of them called it quits at one or other of the Parish Church checkpoints, 175 of the walkers (111 men and 64 women) completed the entire 85 miles around the island within the requisite 24 hours.

43 year old local **Richard Gerrard** won this year's event in record time, breaking his own race record, held jointly with Vinny Lynch, by more than two minutes as he claimed victory ahead of Michael George. Gerrard dominated the 85-mile race almost from start to finish as he romped to his third victory overall, completing the distance in **14:40:08**. David Walker leapfrogged Vinny Lynch late on to claim the final podium spot. Janette Morgan claimed the women's title ahead of **Karen Chiarello** as she clinched ninth spot overall in a time of **16:38:14**. As an aside, 75 year old English walking identity **Ed Shillabeer** became the oldest ever finisher of the Manx Telecom Parish Walk, finishing 76<sup>th</sup> in a time of **29:54:34**.

Full results are at http://www.parishwalk.com/. Here are the first 20 of the 175 finishers

1.	Richard Gerrard	14:40:08	14:42:32	00:02:24	8	MV40
2.	Michael George	15:04:44	14:44:49		9	MV40
3.	David Walker	15:39:16	15:53:27	00:14:11	5	MV40
4.	Vinny Lynch	15:47:25	14:42:32		6	MV40
5.	Terry Moffat	16:03:41	16:19:38	00:15:57	9	MV40
6.	Richard Wild	16:23:35	16:03:36		2	MV40
7.	Julian Thomas	16:28:40	17:39:50	01:11:10	15	MV40
8.	Liam Parker	16:34:44	17:33:35	00:58:51	4	М
9.	Janette Morgan (F)	16:38:14	16:48:14	00:10:00	6	LV35
10.	Andrew Dawson	16:52:55	18:10:14	01:17:19	3	MV40
11.	Karen Chiarello (F)	17:01:31	19:42:45	02:41:14	2	LV35
12.	Brian Kelly	17:01:41	16:56:27		4	MV40
13.	Dale Farquhar	17:16:45	16:56:02		3	М
14.	Michael Bonney	17:23:34	16:25:30		7	MV40
15.	Robert Currey	17:26:31	21:32:28	04:05:57	2	MV40
16.	Chris Cale	17:38:15	16:43:22		13	MV40
17.	Adam Killip	17:41:22	18:44:33	01:03:11	4	М
18.	Paul Corris	17:45:59	18:39:21	00:53:22	4	М
19.	Philip Vermeulen	17:50:16	18:18:54	00:28:38	5	MV40
20.	Mike Kaighin	18:03:10	19:03:09	00:59:59	5	MV40



Richard Gerrard receives his winner's trophy from Gary Lamb, managing director Manx Telecom (photo Ben Lambden)

#### 24 HEURES DE MARCHE DE HAUTE-SAINTONGE, MONTGUYON, FRANCE, 27-28 JUNE

Does Emmanuel Tardi ever sleep? Judging in Amiens on the Saturday, racing in the Championnats Ile-de-France des 20km on the Sunday morning and still finding time to source photos and results from the 24 Heures de Haute-Saintonge in Montguyon. This is a particularly tough 24 Hour event as the 2.2km road loop goes around the local castle with a tough uphill and consequent downhill. The race, which started at 11AM on Saturday 27<sup>th</sup> June and finished 24 hours later, saw a win to French walker Daniel Dien. An amazing 128 walkers competed in this event. Wow!



Left: Not an easy course!

#### 24 Heures de Haute-Saintonge (first 20 finishers only)



**Right: Winner Daniel Dien** 

4	Heu	res de Haute-Saintonge (fil	rst 20 finishers only)			
	1.	DIEN Daniel	ANTIN	1950	155.88 km	23:54:11
	2.	RIVOAL Claude	LÉVIGNAC	1960	155.33 km	23:58:46
	3.	VIGNAUD Annette (F)	PERIGUEUX	1958	155.22 km	23:46:09
	4.	SUAU Michel	CESTAS	1957	144.99 km	23:54:12
	5.	GUILLAUMIN Michel	PARIS	1947	144.00 km	23:57:46
	6.	GUERIN Séverine (F)	MÉRIGNAC	1977	133.77 km	23:43:17
	7.	LINARD Benoît	NEUVY DEUX CLOCHER	1965	133.44 km	23:57:05
	8.	SADET François	MERY ES BOIS	1960	122.99 km	23:57:06
	9.	CHAIGNE Isabelle (F)	T SAUVEUR LA LANDE	1969	122.77 km	20:11:11
	10.	PIERRE Patrick	LABASTIDE DU TEMPLE	1948	111.22 km	24:00:17
	11.	PILLET Frédéric	ROCHEFORT	1961	122.44 km	23:47:20
	12.	SOULARD Eliane (F)	VILLENAVE D'ORNON	1957	122.44 km	23:48:05
	13.	COURRAUD Brigitte (F)	MONTGUYON	1956	122.33 km	23:51:09
	14.	COURRAUD Joël	MONTGUYON	1956	122.33 km	23:51:11
	15.	JAMET Jean-Pierre	BREUILLET	1937	122.33 km	23:58:47
	16.	MICHAU Philippe	SAINT-ASTIER	1955	122.22 km	23:46:38
	17.	CHAIGNE Christophe	ST SAUVEUR LA LANDE	1967	122.22 km	23:48:19
	18.	CHIFFOLEAU Alain	LA POMMERAYE	1942	111.44 km	23:51:38
	19.	BOULITEAU Bernard	MARMANDE	1966	111.44 km	23:57:09
	20.	GENAIS Yannick	ST GEORGES MONTAIG	1964	111.44 km	23:13:30

### 2015 TOWER INSURANCE ISLE OF MAN 100 MILE EVENT, CASTLETOWN, 15-16 AUGUST

The next couple of months are big ones in the walking world with the World University Games, the IAAF World Youth Championships and the IAAF World Championships all coming in quick order. But for those of us in the ultra walking world, the next big one is **The Tower Insurance Isle of Man Open 100 Mile Race Walk 2015** which will be held in **Castleton** on the **Isle of Man** on the weekend of **15-16 August**. It also hosts the British Centurion Qualifier Race as well as the RWA Long Distance Championship so will attract a quality field from across the world.



The 100 mile race starts at 2PM on the Saturday at Castletown Civic Centre and will consist of 50 laps of a 2 mile course around the streets and roads of the town. It is flat course with a good walking surface and stunning scenery so should provide all the ingredients for a top competition.

You can check it out at webpate <u>http://www.isleofman100milewalk.co.uk/index.html</u> and at facebook page <u>https://www.facebook.com/groups/550275208327422/</u>.

So far, there are 76 entries in the 100 mile walk, including a number from overseas (USA 3, South Africa 3, Australia 1, Holland 17). There are also 50 mile walk and 20 mile walk categories for those for whom 100 miles is just a bit too daunting. The Australian entry is Australian Centurion **John Kilmartin (C 67)** from Ballarat who qualified at Coburg, Victoria, in April with a strong 100 mile walk time of 21:11:56. He is training hard at this Ballarat base and we wish him all the best in his next appointment!

Entries close on 31<sup>st</sup> July 2015 so, if you are thinking of going, now is the time to log onto the website and complete your entry.

The Isle of Man is a big walking centre and their other big annual race is the 85 mile Manx Telecom Parish Walk which was held last month and which saw an amazing 1498 entrants, with 175 walkers doing the entire lap of the island. Check out the fantastic website at <u>http://www.parishwalk.com/</u>.

It's on my wish list for one of these days. I'd better get moving before I get too old and dottery!

#### **OUR MULTIPLE CENTURIONS**

With the many additional hundred mile walks by our Australian Centurions in the last couple of years, it is timely to review the Australians who have walked more than one hundred within the required 24 Hour. At the top of the list is Peter Bennett with 21 hundreds ahead of Carol Baird with 10 and then Geoff Hain with 9. Justin Scholz comes next with 5 ahead of Deryck Skinner and Michelle Thompson with 4 while we have a number of members on 3 and 2. Of course, many of our overseas members like Sandra Brown, Jill Green, Herbert Neubacher, Gerald Manderson, Chris Clegg, Sue Clements, Gerrit de Jong, Charles Arosanyin, Jens Borello, Rudy Schoors, Caroline Mestdagh and Eddy Goeman have also achieved multiple finishes and many of our members have both run and walked hundreds. But let's concentrate on our local walkers...here goes (let me know if I have missed any performances)

176.175 165.26 k 214.65 k 213.885 19:48:40 177.300 22:01:35	km in 24H 18-19 Sep   km in 24H 15-16 Apr   m in 24H 11-12 Aug   m in 24H 5-6 July 2   km in 24H 30-31 Mag   27-28 Jun   km in 24H 1-2 Augus   17-18 Apr   in 24H 31 Jul-1 A   n 24H 25-26 Jun   14-15Apr   n 24H 16-17 Jun	the 2005Genting Hiril 2006Rouen, Fragust 2007Kuala Lum008Rouen, Fray 2009Rouen, Frae 2009St Lucia, Qst 2009Cabooltureril 2010Coburg, Vie 2011Rouen, Fraug 2010Caboolturee 2011Rouen, Fraug 2012Coburg, Vie 2012Rouen, Fra	ighlands, Mal (C 32) ince inpur, Malaysia ince unce Queensland e, Queensland ictoria ince e, Queensland ince ictoria ince
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	213 km in 24H 22:44:26 20:33:00 209.0km in 24H 22:58:16 196.350 km in 24H	16-17 June 2012 19-20 July 2013 14-15 Sept 2013 07-08 June 2014 27-27 July 2014 30-31 May 2015	Rouen, France Caboolture, QLD Middle Park, Vic Rouen, France (1st) Caboolture 48H (completed 2 Rouen, France (1st)	273.861km)
Carol Baird (C 39)	22:16:43 21:47:47 21:26:10 20:55:46 169.2 52 km in 24H 20:31:34 20:48:53 21:13:27	18-19 Sept 1999 08-09 April 2000 02-03 Sept 2000 07-08 July 2001 25-26 Aug 2001 13-14 April 2002 08-09 July 2002 19-20 Oct 2002	Coburg, Victoria Coburg, Victoria Coburg, Victoria Auckland, NZ Genting Highlands, Mal Coburg, Victoria Auckland, NZ Adelaide, SA	(C 39) (C 6) (C 9)
	21:55:35 22:34:05	12-13 April 2003 11-12 July 2009	Coburg, Victoria Newmarket, England	(C 1071)
Geoff Hain (C 49)	23:30:38 23:27:49 23:38:25	16-17 Oct 2004 16-17 April 2005 22-23 April 2006	Adelaide, SA Coburg, Victoria Coburg, Victoria	(C 49)
	162.474 km in 24H 23:31:43 23:33:47	1-2 Oct 2005 19-20 Aug 2006 21-22 April 2007	New Zealand Isle of Man, UK Coburg, Victoria	(C 14) (C 1051)
	23:25:14 23:18:30 23:24:50	17-18 Nov 2007 31 May – 1 Jun 2008 18-19 April 2009	Grapevine, Texas, USA Schiedam, Holland Coburg, Victoria	(C 68) (C 368)
Justin Scholz (C 63)	22:09:03 19:43:21 22:40:37 21:03:00 22:29:51	14-15 July 2012 15-16 June 2013 14-15 Sept 2013 14-15 June 2014 06-07 June 2015	road 2200m circuit, Adelaide Blacktown, NSW Middle Park, Vic Blacktown, NSW Minnesota, USA	, SA
Deryck Skinner (C 51)	22:39:55 23:23:43 23:39:00 23:30:12	15-16 Oct 2005 22-23 April 2006 11-13 Aug 2006 30 Sept – 1 Oct 2006	Adelaide, SA Coburg, Victoria Gold Coast, QLD Adelaide, SA	
Michelle Thompson (C 58)	22:03:27 21:36:14 20:22:36 19:53:19	16-17 April 2011 23-24 June 2012 13-14 April 2013 5-6 April 2014	Coburg, Victoria Blacktown, NSW Coburg, Victoria Coburg, Victoria	
John Harris (C 12)	23:18:15 23:10:36 23:34:50	18-19 Oct 1975 19-20 Sept 1998 13-14 April 2002	Clifton Hill, Victoria Clifton Hill, Victoria Coburg, Victoria	
Robin Whyte (C 29)	20:37:12 21:41:20 22:29:32	05-06 Oct 1996 18-19 Sept 1999 02-03 Sept 2000	Clifton Hill, Victoria Coburg, Victoria Coburg, Victoria	
Karyn O'Neill (C 45)	23:35:56 23:44:26 23:14:56	13-14 April 2002 16-17 April 2011 14-15 Sept 2013	Coburg, Victoria Coburg, Victoria Middle Park, Vic	
Sharon Scholz (C 63)	20:06:00 22:40:37 22:29:51	15-16 June 2013 14-15 Sept 2013 6-7 June 2015	Blacktown, NSW Middle Park, VIC Minnesota, USA	

Dudley Pilkington (C 7)	23:29:00	15-16 Dec 1972	Devonport, Tasmania
	22:59:00	Oct 18-19 1975	Clifton Hill, Victoria
Gordon Smith (C 1)	20:58:09	Oct 1938	Sydney, NSW.
	110 miles in 24 H	1937	Sydney, NSW
Jim Gleeson (C 3)	18:33:58	23-24 Oct 1971	Reservoir, Victoria
	19:16:14	21-22 Nov 1972	Reservoir, Victoria
Carmela Carrassi (C 27)	23:44:22	13-14 April 1996	Coburg, Victoria.
	23:09:03	12-13 April 1997	Coburg, Victoria
Terry O'Neill (C 18)	21:13:08	3-4 Nov 1979	Clifton Hill, Victoria
	21:48:35	21-22 April 2007	Coburg, Victoria
Andrew Ludwig (C 35)	22:26:09	08-09 Oct 1994	Clifton Hill, Victoria
	22:34:20	19-20 Apr 2008	Coburg, Victoria
David Billett (C 50)	23:52:27	16-17 Apr 2005	Coburg, Victoria
	23:06:56	14-15 Sept 2013	Middle Park, Vic
Mark Wall (C 59)	21:08:36	11-12 July 2009	Newmarket, England (C 1071)
	23:20:41	16-17 April 2011	Coburg, Victoria

## FINANCIAL NEWS

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A very quiet month from a financial perspective but I am pleased with that – no major bills means we tick along nicely, having completed our 2015 centurion event and with few other expenditures for the year.

or newsletter <u>7.00</u> <b>\$445.37</b>

# UNTIL OUR NEXT NEWSLETTER

Wow, another newsletter ticked off – that makes 5 for the year so far so I am well on my way to achieving my yearly total of 8. And it it wonderful to see that it is full of news about the many wonderful opportunities world wide for our ultra distance walkers. I wish everyone many happy hours of walking and rambling around the world. We are all united by our love of this wonderful sport.

Yours in Centurion walking

Tim Erickson(C 13) 1 Avoca Cres, Pascoe Vale, Victoria, Australia, 3044