# **CENTURION FOOTNOTES** MARCH 2025 – VOL 32 NUMBER 2

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# NEW AUSTRALIAN RECORDS TO SABINA HAMATY (C86) AND VAL CHESTERTON



I am excited to report that in last weekend's Sri Chinmoy 48 Hour Championships in Canberra, we saw 3 new Australian Records as follows

Sabina Hamaty	48 Hours Walk	Open All Comers and Residential	275.957 km	Canberra	21-23 Mar 2025
Sabina Hamaty	48 Hours Walk	W55 All Comers and Residential	275.957 km	Canberra	21-23 Mar 2025
Val Chesterton	6 Hours Walk	W80 All Comers and Residential	29.823 km	Canberra	22 Mar 2025

You can read all about their performances later in the newsletter.

# DATES ... DATES ... DATES

The 2025 European year is now in full swing, with the following races (amongst others) to come.

Mar 29-30, 2025	24 Heures de Chateau-Thierry
Apr 12-13, 2025	Nacht van Loon op Zand (15 Hrs or 50 Miles)
Apr 19, 2025	50 Miles Kennedymarch
June 3-8, 2025	Paris - Colmar Credit Mutuel 2025
Jun 21-22, 2025	Parish Walk (85 Miles)
Jul 15-18, 2025	Nijmegen 4 Day Walk Festival
	See https://www.4daagse.nl/

Chateau-Thierry, FRA Loon op Zand, NED Sittard, NED Across France Isle of Man Nijmegen, NED

Four of the Centurion Clubs have announced dates for their 2025 qualifying events.

May 10-11, 2025	NZ Centurions Qualifier, NZ Sri Shinmoy 24 Hour Carnival	Auckland, NZ
-	See https://nz.srichinmoyraces.org/races/auck/24hr	
May 31 - Jun 1, 2025	USA Centurion Qualifier, FANS 24 Hour Carnival	Minneapolis, USA
-	See https://fansultraraces.org/Registration	-
Jun 7-8, 2025	Continental Centurions Qualifier	Eindhoven, NED
Aug 16-17, 2025	100 <sup>th</sup> English Centurions Qualifier	Lewes, ENG
	This will be a track based walk at the Lewes Leisure Centre, East	Sussex
	See https://centurions1911.org.uk/next-events/100-miles/	

And of course, there are always opportunities on the Australian front. A good starting point is the events page on the AURTA website: <u>https://www.autra.asn.au/upcoming-events</u>. Our 4 designated centurion qualifying opportunities are as shown below. The Sri Chinmoy 48H Track Festival has now been completed but the remaining three are still to come.

Mar 21-23, 2025	Sri Chinmoy 48H Track Festival	Canberra, ACT
	See https://au.srichinmoyraces.org/events/48hour	
June 7-8, 2025	Butter24 Track Ultra	Gold Coast, QLD
	See https://raceroster.com/events/2025/94108/butter-24-2025	
Sep 6-7, 2025	SA Track Ultra	Adelaide, SA
	See <u>https://satrackultra.com.au/</u>	
Sep 26-28, 2025	Southern Sydney Track Ultra	Sydney, NSW
-	See https://southernsydney24hourultra.com.au/	

And I must also mention the inaugural New Zealand 6 Day Ultra Marathon Festival which will be held at Hagley Park, Christchurch, from 29 September to 6 October 2025. It will feature 6 Day, 72H, 48H and 24H races. Quite a few of our Australian walkers are going across and I might even make the trip myself (I haven't been to NZ in years).

Sep 19-Oct 6, 2045 New Zealand Z 6 Day Ultra Marathon		Christchurch, NZL
	See https://www.nz6dayultramarathon.com/	

### SRI CHINMOY 48H TRACK FESTIVAL, CANBERRA, 21-23 MARCH 2025

I travelled to Canberra a week ago for the annual Sri Chinmoy 48 Hour Championships which were contested at the AIS Athletics Track in Bruce (see <u>https://au.srichinmoyraces.org/events/48hour</u>). The Carnival started with the 48 Hour race at 10AM on Friday, with 24 Hour, 12 Hour, 6 Hour and marathon distance events being contested as the weekend progressed. Competitors had to contend with rain early on, but it soon cleared into warm and dry conditions, with Saturday in particular being quite hot.

We had 5 centurions in action, 3 in walk mode and 3 in run mode. Overall, the meet was a great success, with good fields and flawless event administration. The highlight of the meet was provided by runner Holly Ranson who won the 24 Hour outright, with a record breaking run of 263.458km. This bettered her own Australian record by some 25km and was the third longest 24 hour distance ever run by a women, world wide.

You can check out the full results at https://my.raceresult.com/329068/results.

The walk and/or Centurion related results were as follows

48 Hour						
2.	Allicia Heron (C87)	NSW	42	Run	293.176 km	
5.	Sabina Hamaty (C86)	ACT	<b>56</b>	Walk	275.957 km	Aust and W55 records
6.	David Billett (C50)	SA	54	Run	257.128 km	
10.	Joffrid Mackett (C82)	ACT	54	Walk	212.315 km	
11.	Anyce Melham (C65)	NSW	67	Run	201.200 km	
6 Hour						
15.	Susan Archer	ACT	76	Walk	38.986 km	
21.	Val Chesterton	ACT	84	Walk	29.823 km	Aust W80 record
24.	Bernadette Maunsell	NZL		Walk	28.268 km	
25.	Denholm Fulop	ACT	32	Walk	27.044 km	
27.	Geoff Barker	ACT	80	Walk	22.616 km	
30.	Patrick Fisher (C53)	ACT	77	Walk	14.099 km	

Allica Heron (C87), David Billett (C50) and Anyce Melham (C65) were all in running mode in the 48 Hour event and all recorded good distances, although each of the three had to dig deep at various times. Sabina Hamaty (C86) was in superb form, walking just over 152km in the first 24 hours and then backing up very well for a final distance of 275.957 km, bettering Allicia Heron's Australian record of 270.086 km and bettering her own PB of 250.820 km. Alas, I can't put this performance into a world perspective, as there are no all-time lists published for the men's and women's 48 Hour Walk. I am sure there have been some good performances from other countries but I am as yet unable to find anything online. Joffrid Mackett (C83) was forced to stop for a significant break quite early on and, from then on, he had to lower his expectations and aim on reaching 200km. This he did, with a final walk distance of 212.314 km.

We had 6 walkers in the 6 Hour event, with Canberra based **Sue Archer** the best of them, her final distance of **38.986** km just failing to better Lorraine Billett's W75 record of 39.192 km. Val Chesterton was next to finish, her distance of **29.823** km setting an inaugural W80 Australian record. And it was great to see **Pat Fisher (C53)** also in action. Unfortunately, Pat was forced out early with a few issues.



Allicia Heron (C87), David Billett (C50), Joffrid Mackett (C82) and Sabina Hamaty (c86) in action in the 48H



Golden oldies – Pat Fisher (C53), Val Chesterton, Geoff Barker and Tim Erickson (C13)

## 8 HEURES DE CHARLY, CHARLY-SUR-MARNE, FRANCE, SUNDAY 2 FEBRUARY 2025

The French long distance walking season got underway in early February with the annual staging of the 8 Heures de Charly. I could not report on the race in our February newsletter as the race computer was out of order during the race (the nightmare scenario) and laps had to be counted manually. The good news was that chip recording was still taking place and the results were eventually created from the manual lap recordings and the chip readings. So here we go!

**Vincent de Bontin** won the 26<sup>th</sup> edition ahead of **Maxime Faiteau** and **Florian Letourneau**, two regulars of the event and former winners, who even finished tied in 2023.De Bontin walked further than 80km, a distance that had not been achieved since 2000. He had already announced that he will be a starter in the Bourges 24H (see report below).

In the women's race, Adeline Brastel, who finished just behind the trio of men and was competing for the first time, won after covering nearly 70 km. Sylvie Maison and Muriel Marradi completed the women's podium

8 Hour Walk N	Ien		
	ONTIN Vincent	Ea Cergy pontoise	80.818 km
	AU Maxime	Entente Poitiers athle	72.451 km
3. LETO	URNEAU Florian	Ac Château-thierry	71.376 km
	DERCOILDEN David	Ac Villeneuve d'ascq	68.678 km
	FONDET Alain		68.076 km
	ORMY Jeanick	Avec pays de Bruyeres	67.584 km
-	MORA Bernardo	Siurell - Espagne	66.263 km
	ULT Jacques	Neuilly sur marne athletisme	64.849 km
	ARI Abdelaziz	Afa Feyzin-Venissieux	63.265 km
	ARES Mathieu	Neuilly sur marne athletisme	62.658 km
11. GROS		Cis Anould	62.577 km
12. RESO		Cistinouid	61.509 km
	ERT Stephane		60.695 km
	AUGES Antoine		59.208 km
	TIN Thierry	Ac Château thierry	59.142 km
	ER Ludovic	Le Chesnay	59.095 km
	ENT Robert	Ac Château thierry	56.828 km
18. JACO		Ac Chatcau thierry	55.745 km
19. ROSS		Us Métro	54.469 km
	ATTE Francois	Es Montgeron	52.029 km
	IEBAERT Eric	Ac Château thierry	51.579 km
22. NICO		The Chatcad thickry	51.500 km
	IA Fernando		51.139 km
	Y Fabrice	Frijep margny verdon	DNF (42.275 km)
	ERIN Alain	Ac Château thierry	DNF (39.700 km)
	EUX Christian	Belgique	DNF (21.675 km)
I ILLI	Jon chilistian	Dergique	DIVI (21.075 KII)
8 Hour Walk V			
	TEL Adeline	Efs Reims	68.957 km
	RADI Muriel	Afa Feyzin-Venissieux	63.198 km
3. MAIS	ON Sylvie	Ill bruche Lingolsheim	62.846 km
	RD PLANCHOT Emilie	Neuilly sur marne athletisme	61.993 km
	ULT Clotilde	Saint-brice athletisme	60.670 km
•• ••••	JDAL Claire	Cm Roubaix	60.141 km
	RD Claudie	Thiais ac	57.875 km
-	1ICHE Catherine		57.644 km
-	LUET Nadia	Ac Château thierry	55.779 km
	IN Margaux		54.644 km
	ULT Francoise	Neuilly sur marne athletisme	52.974 km
	RICE Fabienne	Ac Château thierry	52.396 km
	ORU Noelle	Ac Château thierry	33.884 km
TOP V	Virginie	Ac Château thierry	DNF (16.525 km)
8 Hour Relay			
	ophe Erard – Cedric Varain		69.502 km
	-		

63.505 km

- 3. Josiane Pannier Patrick Mougenot
- 4. Regis Has Virginie Boivin Edith Has





58.856 km 57.719 km



Vincent de Bonfin, Florina Letourneau and Maxime Faiteau







Adeline Brastel, Sylvie Maison and Muriel Marradi (photos Emmanuel Tardi)

Finally, for completeness, here are the results from the accompanying 10km Walk

# 10km Mixed Walk

1.	Nicolas Boyer	54:37
2.	Eric Toutain	1:03:34
3.	Remi Michelot	1:04:50
4.	Pascal Biebuyck	1:06:26
5.	Françoise Webank	1:10:32

6.	Joel Jacquemin	1:11:03
7.	Pascal Jourde	1:12:42
8.	Daniel Bordier	1:22:21
9.	Nicole Rodier	1:26:45
10.	Veronique Grun	1:27:59
11.	Christelle Clause	1:28:00
12.	Laurence Loits	1:34:34
13.	Patrick Montigny	1:37:05
14.	Matteo Biebuyck	DNF

## 24 HEURES DE BOURGES, BOURGES, FRANCE, 22-23 FEBRUARY 2025

Thanks to Emmanuel Tardi who reports from Bourges where their annual 24 Hour walking race was held in late February.

After consulting the walkers, organisers decided to keep the small 1km loop they used last year. 37 individuals and one relay team started at 1PM on the Saturday, with cloudy weather that soon turned into sunny conditions that endured into Sunday. After his brilliant victory in Charly, **Vincent De Bontin** was the favourite and he led the first 3 quarters of the race until, at 5am, he received his 3<sup>rd</sup> and 4<sup>th</sup> red cards. In France, we have specific rule for long distance racewalking events, so Vincent had to spend 1 hour in the penalty area. When he entered, he had 4 laps advantage. When he came out he had 4 laps deficit. He walked one lap further and then retired from the race. **Florian Letourneau**, who was well in front at that stage, went on to win the race with a fine 195.904 km, ahead of **Maxime Laneau** an Alain **Malfondet**. In the women's event, **Veronique Bessot** led for 8 hours with **Pauline Marguet** in second place. When the two women had to stop due to injuries, it was left to **Sylvie Maison** to take first place. The ancillary event was the usual 2x6 hours, won by **Guy Resonnet** (men) and **Josiane Pannier** (women). Emmanuel had a stroll around in the 10km walk.

#### 24 Hour Walk Men

1.	LETOURNEAU Florian	AC Chateau-Thierry	195.904 km	
2.	LANEAU Maxime	US Camon	178.176 km	
3.	MALFONDET Alain	NL	175.447 km	
4.	PARIZOT Olivier	Nice Cote d'Azur Athletisme	173.957 km	
5.	MAURE Rene-Jean	Neubourg AC	166.884 km	
6.	RIGAL Jean-Marc	Domont Athletisme	165.747 km	
7.	LEIJTENS Frans (Ned)	Rotterdam WV	163.583 km	
8.	ARNAULT Jacques	Neuilly-sur-Marne Athlé	152.762 km	
9.	SEFFARI Abdelaziz	AFA Feyzin-Venissieux	151.049 km	
10.	GROS Gildas	ES Thaon	146.867 km	
11.	GRASSI Alain	NL	143.475 km	
	DELANGE Dominique	AJ Auxerre	141.949 km	
13.	ARNAULT Francoise	Neuilly-sur-Marne Athlé	127.580 km	
14.	BOURICHON Christophe	US Champagne-sur-Seine	124.844 km	
15.	ENJOLRAS Jean-Claude	NL	122.863 km	
	VEROVE Eric	Nordic Evasion 77	110.949 km	
17.	FAVAUDON David	Nordic Evasion 77	101.031 km	
18.	CUNIN Bernard	Association Ludreenne Trail	92.787 km	
19.	SCHWING Martin	Beauvais Oise Union Club	49.018 km	
	DE BONTIN Vincent	EA Cergy-Pontoise Athletisme	149.985 km	18:32:05
	MAILLOT Marc	GRAC Athletisme	113.985 km	17:35:30
	OLIVARES Mathieu	Neuilly-sur-Marne Athletisme	85.985 km	12:37:56
	HENRY Fabrice	Frigep Cor. Margny Verdon	56.985 km	6:55:50
	ROSSELO Frederic	NL	41.985 km	5:56:55
	GOURVES Benoit	Stade Villeneuve/Lot	10.985 km	1:20:27
24 Hou	r Walk Women			
1.	MAISON Sylvie	Strasbourg Agglomeration	171.414 km	
2.	RAES-MAURE Chloe	Neubourg AC	169.273 km	
3.	MARRADI Muriel	AFA Feyzin-Venissieux	163.918 km	
4.	<b>BIZARD-PLANCHOT Emilie</b>	Neuilly-sur-Marne Athlé	163.668 km	
5.	BIZARD Lucie	Entente Paris Uc -Sf	159.600 km	
6.	ARNAULT Jacques	Neuilly-sur-Marne Athlé	152.762 km	
7.	BIZARD Claudie	Thiais AC	145.955 km	

- 8. ARNAULT Francoise
- 9. BESSOT Veronique
- 10. MARGUET Pauline
- 11. LANDRU Noelle
- 12. VEROVE Beatrice GOURVES Jennifer

24 Hour Relay

1. Ducruet Nadia, Marechal Pascal

Neuilly-sur-Marne Athlé Domont Athletisme Nice Cote d'Azur Athletisme AC Chateau-Thierry Nordic Evasion 77 Stade Villeneuve/Lot 127.580 km 118.985 km 82.602 km 80.817 km 78.736 km 9.985 km 1:12:50

# 176.428 km





Maxime Laneau, Alain Malfondet and Florian Letourneau



Sylvie Maison, Chloe Raes-Maure and Muriel Marradi (photos Emmanuel Tardi)

2x 6 Hour Relay				
1. RESONET Guy	NL		92.034 km	
2. TILLIER Ludovic	Le C	Chesnay 78 Athletisme	90.747 km	
3. PANNIER Josiane	Havi	re AC	81.942 km	
4. PORCHET Claude	NL		81.937 km	
5. LONGATTE Francois	ES N	Aontgeron	78.153 km	
6. MOUGENOT Patrick	ACO	Chateau-Thierry	76.822 km	
7. GUERY Gaelle	Nord	lic Evasion 77	34.985 km	
8. JOURD'HUY Frederic	NL		40.985 km	
10km Walk		5km Walk		
1. Michel BABOUIN	59:36	1. Matthias STO	LL	29:18
2. Julie VARENNE	1:03:56	2. Eric GRANDJ	EAN	29:41
3. Patrick TAILLANDIER	1:07:59	3. Bernard COPF	PIN	33:16
4. Jean-Louis GENESTE	1:11:20	4. Sarah GRANI	DJEAN	39:21
5. Gisèle BARNET	1:12:58	5. Jean-Claude N	IOUGUES	39:22
6. Emmanuel TARDI	1:17:07	6. Marie TILLIE	R	1:06:19
7. Alain CARCAILLON	1:25:14			

#### SANDRA BROWN WINS IN FESTIVAL DE ULTRAFONDO IN SPAIN, 21-23 MARCH 2025

On the same weekend as the Bourges race was held in France, the Spanish city of Burjassot was hosting the 5<sup>th</sup> Festival de Ultrafondo, Gran Premio "Ciucad de Burjassot". There were lots of categories (48H, 24H, 12H, 6H, 100km, 50km and 24H Relay), with big fields in most divisions.

The walks highlight was the wonderful performance of 76 year old English walking legend **Sandra Brown (C36)** who was the first female 48H finisher with **246.828 km** as per <u>https://elssitges.com/ultra2025/resultados/48.pdf?</u> <u>cache=1742810603094</u> – and in walk mode rather than running. There is a fantastic video of Sandra striding out to the finish line: <u>https://www.facebook.com/reel/3181640855311903</u>



Sandra reported on the race as follows

This was my first experience of the 48h race in Burjassot, Valencia on Spain's Mediterranean East Coast, and the  $5^{th}$  edition of the event. A wide menu of races was on offer, from the marathon to the full 48h, so there was always plenty going on. The race organisers are to be congratulated for putting on a great 2 day festival of ultra running in the Valencian sunshine.

The circuit was exactly 1 km: the organisers had closed one side of a dual carriageway, coned down between the two lanes, and you went up, with a steady uphill gradient, for 500m, turned, and down for 500m. The conditions were good, with fine Spring weather and no rain, but there was a strong, tiring headwind on the uphill section.

The star of the 48h line up was the multi-record holder Camille Herron from the USA, whom I had not met before. Camille is impressive and inspiring, and we were sorry to see her retire after about 7 hours. After the event, she said that she too had found the strong wind tiring.

I'd set various W75 WRs in 2024 and didn't envisage trying to break them but in fact came close to improving the 100kms, 24h, and 48h WR (subject to IAU ratification) set at the K6 [Czech Republic], Balatonfured [Hungary] and Brugg [Switzerland] events last year. With a few hours to go at Burgassot, I calculated that the 48h WR was not possible, and Richard [who was also doing the 48h] agreed, but I decided to give it everything I had left for the final 3h. I missed by about 500m but couldn't have done more.

There was no leader board, and, at nearly 76 and a walker, winning the ladies' race was the last thing I expected. At the finish line, I was escorted away by the anti-doping people to be tested, and assumed I was just a random choice. At last, I emerged and found Richard to go to the presentation. Though Camille had retired from the race, she returned to encourage the runners for the last couple of hours and kindly made the presentations to the ladies.

Dan Lawson won the men's event with some 395kms, coming close to Richard's 401kms British record. It was an unexpected bonus to have British winners in both the men's and women's events. After the event we were delighted to be able to spend some time chatting with Camille Herron, exchanging experiences and ideas. She said that she has personally experienced the benefits of race-walking when injured some years ago, and we agreed that many ultra-runners could benefit from adding this string to their bow.

After the event we were knackered, but Valencian ice cream and hot chocolate facilitated our recovery!

Sandra is not one to rest on her laurels and will be competing with her daughter Vicky in a 24H race in just over 2 weeks' time! Amazing.

## A HUGE MILESTONE FOR MIKE PORTER (C9)

Our oldest Centurion **Mike Porter (9)** is coming up to a huge milestone – he will turn 100 years of age on Friday  $6^{th}$  June 2025. I was talking to Mike last week and he is intending to have a big celebration on Sunday  $8^{th}$  June in one of the pubs near his home in Echuca. I will let everyone know the details once I receive them.



A snapshot from 2009 – Ken Walters (C26), Ian Jack (C17), Mike Porter (C9), Terry O'Neill (C18), Karyn O'Neill (C45), Stan Miskin (C23), Clarrie Jack(C4) and Tim Erickson (C13)

# **AUSTRALIAN 48 HOUR RANKING LIST**

With the 48H walks of Sabina Hamaty and Sandra Brown, reported in this issue, it would be great if I was actually able to provide an updated 48H World Ranking list. Alas, none exists. There are world ranking lists for other notable walk standards (100km. 100 Miles, 200Km, 24 Hours and 6 Days) but none exists for 48H. The best I can do is provide an updated Australian all-time ranking list.

World Best Men			Country	Age	Туре	Race	Date
1.	319.609 km	John Dowling	Ireland	53	T	Nottingham, England	31 Jul – 2 Aug 1983
Australian Best Men			State	Age	Туре	Race	Date
1.	294.973 km	Joffrid Mackett	ACT	52	T	Australian 48H Champ, AIS, Canberra, ACT	24-26 Mar 2023
2.	283.500 km	<b>Barry Loveday</b>	VIC	34	Т	Australian 48H Champ, Caboolture, QLD	27-29 Jul 2012
3.	280.203 km	Peter Bennett	QLD	54	Т	Australian 48H Champ, Caboolture, QLD	31 Jul – 1 Aug 2010
4.	275.673 km	David Billett	SA	48	Т	Australian 48H Champ, AIS, Canberra, ACT	15-17 Mar 2019
	273.861 km	Peter Bennett	QLD	58	Т	Australian 48H Champ, Caboolture, QLD	24-26 Jul 2014
	272.114 km	Peter Bennett	QLD	57	Т	Australian 48H Champ, Caboolture, QLD	19-21 Jul 2013
	266.705 km	David Billett	SA	52	Т	Australian 48H Champ, AIS, Canberra, ACT	24-26 Mar 2023
	263.717 km	David Billett	SA	52	R	Adelaide 6 Day Race, Adelaide, SA	2-8 Oct 2022
5.	257.877 km	Deryck Skinner	SA	73	Т	Australian 48H Champ, Runaway Bay, QLD	12-13 Aug 2006
	250.316 km	David Billett	SA		Т	Australian 48H Champ, AIS, Canberra, ACT	25-27 Mar 2022
6.	240.033 km	Andrew Ludwig	QLD	42	Т	Australian 48H Champ, Caboolture, QLD	29-31 Aug 2008
	238.811 km	Deryck Skinner	SA	75	Т	Australian 48H Champ, Caboolture, QLD	29-31 Aug 2008
7.	230.890 km	Louis Commins	NSW	58	Т	Australian 48H Champ, Runaway Bay, QLD	11-12 Aug 2007
8.	230.307 km	John Harris	QLD	51	Т	Australian 48H Champ, Bribie Island, QLD	19-21 Jul 2002
9.	230.250 km	Gerald Manderson	NZL	66	Т	Australian 48H Champ, Caboolture, QLD	31 Jul – 1 Aug 2010
10.	229.320 km	Peter Waddell	ACT	68	Т	Australian 48H Champ, Maryborough, QLD	20-22 Aug 1999
	227.515 km	David Billett	SA	35	Т	Australian 48H Champ, Runaway Bay, QLD	12-13 Aug 2006
11.	226.000 km	Norm Morriss	NZL	55	Т	Australian 6 Day Race, Colac, VIC	15-17 Nov1996
	221.680 km	John Harris	QLD	50	Т	Australian 48H Champ, Bribie Island, QLD	20-22 Jul 2001
	221.155 km	David Billett	SA	54	R	Australian 6 Day Race, Adelaide, SA	29 Sep – 5 Oct 2024
	219.200 km	Gerald Manderson	NZL	55	Т	Australian 6 Day Race, Colac, VIC	15-17 Nov 1999
12.	218.643 km	Justin Scholz	VIC	44	R	EMU 6 Day Race, Balatonfüred, Hungary	9-15 May 2019
	212.315 km	Joffrid Mackett	ACT	54	Т	Sri Chinmoy 48H, Canberra, ACT	21-23 Mar 2025
	205.915 km	Joffrid Mackett	ACT	51	Т	Australian 48H Champ, AIS, Canberra, ACT	25-27 Mar 2022
	205.113 km	Stan Miskin	VIC	76	Т	Australian 48H Champ, Bribie Island, QLD	19-21 Jul 2002
	204.049 km	Louis Commins	NSW	59	Т	Australian 48H Champ, Caboolture, QLD	29-31 Aug 2008
	202.402 km	Craig Welsh	NZL	44	Т	Australian 48H Champ, Runaway Bay, QLD	11-12 Aug 2007
	197.669 km	Simon Butterworth	ACT	47	Т	Australian 48H Champ, AIS, Canberra, ACT	18-20 Mar 2016
15.	193.222 km	Neil Armstrong	ACT	?	Т	Australian 48H Champ, AIS, Canberra, ACT	17-19 Mar 2017
	192.800 km	Peter Waddell	ACT	66	Т	Australian 6 Day Race, Colac, VIC	16-18 Nov 1997

	187.065 km	Justin Scholz	VIC	44	Т	Australian 48H Champ, AIS, Canberra, ACT	15-17 Mar 2019
	182.000 km	Stan Miskin	VIC	78	Т	Gold Coast 48H Carnival, QLD	23-24 Aug 2003
	180.300 km *	Stan Miskin	VIC	78	Т	Australian 6 Day Race, Colac, VIC	16-18 Nov 2003
16	. 176 <b>.</b> 076 km	Robert Osborne	NSW	64	Т	Australian 48H Champ, AIS, Canberra, ACT	15-17 Mar 2019
17	. 176.000 km	Fred Brooks	VIC	71	Т	Australian 48H Champ, Runaway Bay, QLD	12-14 Aug 2005
	174.562 km	Robert Osborne	NSW	63	Т	Australian 48H Champ, AIS, Canberra, ACT	15-17 Mar 2018
	174.400 km	Stan Miskin	VIC	80	Т	Australian 6 Day Race, Colac, VIC	20-22 Nov 2005
18	. 17 <b>2.487 km</b>	Albin Hess	VIC	62	R	Adelaide 6 Day Race, Adelaide, SA	2-8 Oct 2022
19	. 16 <b>3.843 km</b>	David Attrill	NSW	70	Т	Australian 48H Champ, AIS, Canberra, ACT	15-17 Mar 2018
	163.611 km	Albin Hess	VIC	64	R	Australian 6 Day Race, Adelaide, SA	29 Sep – 5 Oct 2024
	147.700 km	Stan Miskin	VIC	81	Т	Australian 48H Champ, Runaway Bay, QLD	12-13 Aug 2006
World	Best Women		Country	Age	Туре	Race	Date
1.	294.113 km	Ann Sayer	England	46	Т	Nottingham, England	11-12 Apr 1982
			<u><u> </u></u>		T	D	D (
	lian Best Women		State	Age	Туре	Race	Date
1.	275.957 km	Sabina Hamaty	NSW	56	T	Sri Chinmoy 48H, Canberra, ACT	21-23 Mar 2025
	275.957 km 270.086 km	Allicia Heron	NSW NSW	56 41	T R	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship	21-23 Mar 2025 3-5 Oct 2024
1. 2.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km	<b>Allicia Heron</b> Sabina Hamaty	NSW NSW NSW	56 41 54	T R T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023
1.	275.957 km 270.086 km	Allicia Heron	NSW NSW NSW NSW	56 41 54 56	T R T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT	21-23 Mar 2025 3-5 Oct 2024
1. 2.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b>	<b>Allicia Heron</b> Sabina Hamaty	NSW NSW NSW	56 41 54 56 52	T R T T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023
1. 2. 3.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b>	Allicia Heron Sabina Hamaty Linda Christison	NSW NSW NSW NSW	56 41 54 56	T R T T T R	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017
1. 2. 3.	275.957 km 270.086 km 250.820 km 236.703 km 236.703 km	Allicia Heron Sabina Hamaty Linda Christison Heather Christison	NSW NSW NSW NSW NSW	56 41 54 56 52	T R T T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017
1. 2. 3.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b> <b>236.703 km</b> 231.189 km	<b>Allicia Heron</b> Sabina Hamaty <b>Linda Christison</b> <b>Heather Christison</b> Sabina Hamaty	NSW NSW NSW NSW NSW	56 41 54 56 52 55	T R T T T R T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 6 Day Race, Adelaide, SA	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017 29 Sep – 5 Oct 2024
1. 2. 3. 4.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b> <b>236.703 km</b> 231.189 km 219.496 km	Allicia Heron Sabina Hamaty Linda Christison Heather Christison Sabina Hamaty Linda Christison	NSW NSW NSW NSW NSW NSW NSW QLD	56 41 54 56 52 55 55	T R T T R T T T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 6 Day Race, Adelaide, SA Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, Maryborough, QLD	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017 29 Sep – 5 Oct 2024 18-20 Mar 2016
1. 2. 3. 4.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b> <b>236.703 km</b> 231.189 km 219.496 km 219.496 km	Allicia Heron Sabina Hamaty Linda Christison Heather Christison Sabina Hamaty Linda Christison Heather Christison	NSW NSW NSW NSW NSW NSW NSW	56 41 54 56 52 55 55 51	T R T T T R T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 6 Day Race, Adelaide, SA Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017 29 Sep – 5 Oct 2024 18-20 Mar 2016 18-20 Mar 2016
1. 2. 3. 4.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b> <b>236.703 km</b> 231.189 km 219.496 km 219.496 km <b>211.480 km</b> 204.405 km	Allicia Heron Sabina Hamaty Linda Christison Heather Christison Sabina Hamaty Linda Christison Heather Christison Kerrie Hall	NSW NSW NSW NSW NSW NSW NSW QLD	56 41 54 56 52 55 55 51 38	T R T T R T T T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 6 Day Race, Adelaide, SA Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, Maryborough, QLD	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017 29 Sep – 5 Oct 2024 18-20 Mar 2016 18-20 Mar 2016 20-22 Aug 1999
1. 2. 3. 4. 5. 6.	<b>275.957 km</b> <b>270.086 km</b> 250.820 km <b>236.703 km</b> <b>236.703 km</b> 231.189 km 219.496 km 219.496 km <b>211.480 km</b> 204.405 km	Allicia Heron Sabina Hamaty Linda Christison Heather Christison Sabina Hamaty Linda Christison Heather Christison Kerrie Hall Kerrie Hall	NSW NSW NSW NSW NSW NSW QLD QLD	56 41 54 56 52 55 55 51 38 41	T R T T T R T T T T	Sri Chinmoy 48H, Canberra, ACT Adelaide 48H Championship Southern Sydney 48H, Sydney, NSW Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 6 Day Race, Adelaide, SA Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, AIS, Canberra, ACT Australian 48H Champ, Maryborough, QLD Australian 48H Champ, Bribie Island, QLD	21-23 Mar 2025 3-5 Oct 2024 10-12 Jun 2023 17-19 Mar 2017 17-19 Mar 2017 29 Sep – 5 Oct 2024 18-20 Mar 2016 18-20 Mar 2016 20-22 Aug 1999 20-22 Jul 2001

\* In the annual Australian 6 Day Race at Colac, hardcopies of the leaderboard were printed each hour and distributed to the runners and crews. In a number of cases, this allowed walkers to claim 48 Hour distances. Although these were generally accepted for ranking purposes, they must in some cases be considered "provisional" as they may not have always undergone rigorous post-race verification.

### 2024 AUSTRALIAN CENTURIONS ANNUAL GENERAL MEETING

Our Australian Centurions AGM was held on Sunday 23<sup>rd</sup> February in Caulfield, Melbourne, with most of our Victorian based members in attendance.

Thanks to our current Executive and Committee for agreeing to continue on in their important roles.

Club Executive	President	Terry O'Neill (C18)
	Vice President	David Billett (C 50)
	Treasurer	Stuart Cooper (C 5)
	Secretary	Tim Erickson (C13)
General Committee	Records and Rankings Officer	Tim Erickson (C13)
	Assistant Secretary	-
	General members of Committee	Karyn O'Neill (C45)
		Michelle Thompson (C58)
	N N	Pramesh Prasad (C 81)

The following Motion re Proposed Changes to Record Criteria was unanimously accepted by the meeting, so our website records pages and documents have been duly updated. Note that this change is not retrospective but will only apply to performances done from this date onwards.

Motion: That both track and road based performances will be considered for all Australian Centurion distance and time related records (ie 50M, 100km, 100M, 200km, 500km, 6H, 12H, 24H, 2 Days, 6 Days). Moved Tim Erickson, Seconded Terry O'Neill.

### UNTIL OUR NEXT NEWSLETTER

That's our second newsletter for the year done and the action has already started. As we approach the season of Easter, I wish our readers all the best and urge everyone to dust of those shoes and take a walk!

With kind regards

Tim Erickson (C13), Secretary, Australian Centurion Walkers, Victoria, Australia